

Directed Energy Attacks in Los Angeles

A Memoir Of Electronic Harassment by the Authorities

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Preface

This book focuses on my move from New York to Southern California picking up where my last book *Covert Harassment Not Just 5G* left off. In my last book I describe how I was followed around in room rentals in New York and hit with pain ray or what I suspect was Active Denial, or a continued development of that directed energy weapons technology, by people in close quarters like the floor above or below me; and how I was also targeted at my job working as a security guard on the night shift at the Port Authority of New York and New Jersey (PANYNJ) headquarters in Manhattan where the directed energy device appeared to be concealed above the ceiling tiles. The pain ray attacks started in 2013 shortly before there was news of Aaron Alexis the Navy Yard Shooter who suffer from sleep deprivation. This was the same M.O. of my attacks - make it hard to sleep and torment the victim. My Mom living in Southern California who would always call me in New York became targeted and would be considered targeted family. I believe her targeting began before 2013 but the pain ray harassment started for the both of us around that time. Before 2013 I was targeted with a more crude form of electronic harassment and it coincided with posting to UFO forums on the internet. In 2015 before there was any news of the Havana Syndrome I attended a small protest in Washington D.C. with targeted individuals also known as TI's. The

in 2017, around the time of the Havana Syndrome articles started to appear by the media in an effort to marginalize TI's as tinfoil. Like news articles that tried to debunk the Havana Syndrome as crickets I found the media's portrayal of targeted individuals (TI's) a bit cart-before-the-horse or short sighted often relying on mental health experts. Some journalist spouted misconceptions like DEWs are banned against human targets. That's not exactly true, the non-lethal weapon variety are only deemed controversial or a "gray zone." Some journalist called the claims of targeted individual claims science fiction but it's very easy to see how directed energy could be abused in the case of lasers where people have been arrested for pointing lasers at pilot's cockpit at airports. There have even been laws passed to prohibit the abuse of laser pointers against people. Microwave weapons or sonic weapons would be no different that a laser - it's energy directed toward a target. Directed energy is called the silent weapon because unlike a laser it can not be seen but felt. Those who question whether people in authority would abuse such weaponry just look at law enforcement's controversial use of non-lethal weapons. There are lawyers who specialize in taser abuse cases. A taser is called a conducted-energy device (CED) because it has to touch the skin unlike Active Denial which would be

a more stealthy non-lethal weapon i.e. "the silent weapon" since it only needs to be aimed at someone. In my view what I experienced, what targeted individuals describe; the Havana Syndrome that now goes under the name or euphemism "anomalous health incidents" by US State Department points to the proliferation of directed energy weapons (DEWs) and electromagnetic warfare (EW). During the late 20th Century DEWs were too big and cumbersome to be used effectively on the battlefield but that's not the case today with solid state technology or what is called solid state directed energy (SS DE). Directed Energy has come a long way and I make the case in this book that it's currently being used against human targets while much of the public remains unaware. This book describes who I think the culprits are. It points to the evil DARPA dogs or the Pentagon and the counterterrorism bureaucracy where there's a lack of public oversight and transparency. There's also the role of Private Intelligence Agency's (PIAs) driven by profit claiming to militate against threats with a wide range of targets or what they term "rabbits." Recently I came across an unclassified Pentagon document describing Directed Energy Intermediate Force Capabilities (DE IFC) in an era of irregular warfare. Intermediate force is the use of non-lethal force to affect the battlefield

without using lethal force. Perhaps I'm a guinea pig of intermediate force capabilities where what's ER&D'd (engineered researched and developed) in a lab is then applied to the human target to (or someone placed on the terrorist watch-list) test it's effectiveness. At least that has been my impression as my directed energy targeting has evolved over time. It's all very despotic behavior by the war machine or the technocrats - those who worship technology in an innovative-results driven society. It's been my observation that technology has two sides and society is starting to see its dark side.

I'll start off this book describing my transition from New York to Los Angeles. My living arrangements in New York was a room rental, also termed a ghost rental. This was mainly due to the high cost of living in the city rather than trying to not be on a lease. To get a room rental I would go to a room rental agency that had a list of tenants willing to rent out a room. I would pay them a fee and then go visit the tenant and if it was agreed I would pay the tenant and move my belongings into the room. Everything was fine up until 2013 when people using the pain ray at close quarters started got into the room above or below me. I could hear the dragging of equipment pacing my position in the room and the sensation of the pain ray.

Described in the book *Covert Harassment Not Just 5G* here are the ghost room rentals I was targeted in:

Spring 2013. 520 West 144 St. #34
New York, NY. 10031

(Suspect floor above dragging equipment -
when harassment started)

Payed rent to: Olga (deceased from cancer)

Ghost rental agency: NY Rooms For Rent Inc.

Spring to Autumn 2013. 544 West 147 Street
Apt 3D & Broadway

(Suspect floor above - APT 3E & possibly
below APT 2E)

Payed rent to: Gee Gee (nickname)

Ghost rental agency: NY Rooms For Rent Inc.

2013-summer 2014. 520 West 162 St #51
New York, NY. 10032.

(Suspect Apt #41 = below)

Rented room from: Nuna

08/2014. 520 W 156 St Apt 51
NY, NY. 10032.

(Suspect Apt below)

Ghost rental agency: Latino Americano

11/2014. 3671 Broadway #41
New York, NY. 10031

(Suspect Apt #31 or Apt#51)

Ghost rental agency: Latino Americano

12/2014. 422 N Lancaster Ave #4B.
Dallas, TX. 75203
(Suspect floor above dragging equipment)
Ghost rental agency: Al Turner (214) XXX -
XXXX. Cecil Green (maintenance/super)

01/2015 to 2016 558 West 164th Street #6H
New York, NY. 10032
(Suspect Apt#5H = below. Apt. name on
FedEx slip H. or Ho Torres.)
Ghost rental agency: Latino Americano

2016 to 2020. 393 Edgecombe Ave #32
New York, NY. 10032
(Suspect floor above Apt #42 and below Apt
#22)

If you notice I was not only targeted in New York but the activity started up when taking some vacation time from my job where I planed to move back to Texas in an Oak Cliff Dallas room rental. This shows that the targeting is multi-state, not just confined to one area pointing heavily to Federal government involvement who coordinate with local authorities or law enforcement as many targeted individuals have suspected with Fusion Centers.

December 2019. Moving from Room Rental to Airbnb's

I must have stayed three years at the room rental at 393 Edegecombe Ave in Washington Heights enduring directed energy 'pain ray' assaults. The woman I payed rent to who was initially broke when I first moved in was now going on long vacations to the Dominican Republic. The tenants where the perp was staying in on the fourth floor also seemed more well off. I could see they had a new car out front. The woman I payed rent to was accustomed to me sliding the rent money under her door in an envelope with the date. She stayed in another and it wasn't unusual we would not cross paths because I came home from work early in the morning. Since she was away on long vacations she had a family member come by to pick up the rent. When she returned from vacation I was told weeks of rent money was missing but I knew I paid every week by sliding the rent money underneath the door and was unwilling to pay on top of that because she was now always away and trusted other people to come by and pick it up. It didn't surprise me someone was pocketing the money because this was New York and if you take things for granted that's what happens. There was also another room renter there that was like family, he was away more often driving for Uber. The apartment was now also strangely empty. It was just me and one other person. I decided not to pay knowing she was probably payed off by the goons like the tenants

upstairs and decided to stay at Airbnb's instead. I was planning to move closer to my Mom in California anyway. I still had stuff in my rental room like music equipment and stuff that had value I was planning to sell on Ebay. I stayed at that room rental for two or three years and now had the daunting task of throwing out all the stuff I accumulated and finding a place for temporary storage. The idea came to mind to use public storage but I was in Manhattan and that was not a cheap proposition. The Bronx and Yankee Stadium was not far away crossing a bridge from Washington Heights. I did a search using my iPhone and found there was public storage past Yankee Stadium. It wasn't very close to where I lived but close enough that I could use my push cart and have all my stuff out in a day or two going back and forth during my time off from work. I went to the public storage facility that had other big building advertising storage units and payed for a small space, just enough to fit a bicycle and boxes and was given an access code to the building and told I had to buy my own lock for the storage space I would be renting. I thought to myself, great, that was a brilliant idea to just use public storage and get rid of my stuff selling it on eBay while I stay at AirBnBs. I made the trek back and forth bringing clothes in bags, music equipment, and putting it into my sturdy push cart crossing the bridge while taking in the urban

scenery, looking at the car traffic and water while crossing the bridge to the South Bronx, then past Yankee Stadium and past a run down looking area that one would expect to see in the South Bronx until arriving at the public storage facility. I remember passing by a scary looking fast food Chinese restaurant with a grimy looking sign thinking I bet the food taste gross there. I went inside where there were hood rats from the projects ordering chicken wings, I tried broccoli and rice with brown sauce and sure enough it had a cheap taste and weird smell to it. What always saddened me about getting electronic harassed with directed energy and moving, is seeing the remnants of my attempts to shield myself, from pieces of mylar blanket, tin foil, material I found thrown out on the street like styrofoam, window screen, cardboard. I tried to be nonchalant throwing away my shielding efforts in a trash bag or just taking it to where people throw their building trash as not to make me look crazy or suspicious after I left. I thought, I could just leave the room a mess but with all the material I used to shield myself it would look suspicious. Maybe I would be accused of something illegal or someone crazy that needed to be committed. New York was one of the worst places to be committed in a psychiatric ward, remembering the story of John Ford when I researched UFOs. He was committed after a UFO flap and cover-up in Long Island where

they would not release him claiming he was trying to poison a Long Island political official. It was a bizarre X-Files type case but the reasons I was being electronic harassed would make me look crazy to most people too. This was before congressional UAP hearing or the revelation about the U.S. Nimitz 'Tic-Tac' UFO. I tried to make the room look like a normal person was there after discarding all the junk that accumulated trying to shield myself. I put it in trash bags and to the waste disposal area in the alley. I forget how many trips I made pushing my push cart back and forth to the Bronx, maybe three or four trips over the course of a couple of days but after finishing I left my keys in the room with a note that I had moved and now was the task of living my music equipment items on Ebay and hoping it would sell. I also had already booked an Airbnb room for a week looking for the cheapest rooms in the South Bronx. Over a course of a month I was able to sell most of music equipment on Ebay and I threw away what was left over. I remember selling a crate of records to a guy on Craigslist or Facebook Market and we met at 59th Street Columbus Circle on the subway who agreed to take the vinyl off my hands and selling one of my drum machines to a hipster in Williamsburg. If I was going to be a nomad staying at Airbnb rooms I would have to travel light with just a push cart and a small

amount of clothes and a bicycle with my shoulder bag that had my laptop and personal papers. Food and toiletries could be purchased on the go as I traveled from place to place.

Forced Coughing Fits and Pricking of Eyes;
The Covert Targeting Poses a Danger to
Public Health and Safety.

At work, on the subway, even at my previous stint in college there was more than just pain ray targeting. There was pricking of the eyes like a spec of dust flew into my eye. The military calls targeting the eyes with a laser the 'dazzler effect.' It wasn't quite the blinding effect of a laser but enough to be distracting. There was also the targeting of my throat that would make me have a coughing fit. I recall a Macroeconomics class in college where it happened over a span of several classes and I tried my best to not cough with my eyes tearing up while trying to shield my throat with my hand. This also happened when I attended graduation at Madison Square Garden when Senator Chuck Schumer gave the commencement address but I was able to hold in the urge to have a coughing fit while he was talking and staring in my direction like he knew I was a 'watch-listed' person being harassed. I didn't see the attempts to give me forced coughing fits as random. I also noticed this is still a

harassment ploy used when I'm at a store or standing in line. One thing I should point out as described in my last book my electronic harassment has evolved over time. Before the pain ray targeting started it was a high-pitch tone that would come in and out of the left ear followed by a sinus migraine. There was also a time where there was targeting to the throat causing soreness to the thyroid area and rash developed on my leg that looked like radiation dermatitis. This would have been the type of electronic harassment I got from the early 2000s up until around 2013 when the pain ray targeting started. The forced cough attempts were different, it would come and go like a part of the throat was targeted to give a person a coughing fit. The eye pricking would happen at certain times like while walking to the subway to get to work or right before I got on the elevator at 4 World Trade Center or riding my bike moonlighting doing gig economy work delivering food like Postmates. I could tell it was not a speck of dust or insect that got in my eye. This was more like a pin ricking sensation, enough to even cause an accident especially when riding my bike. I thought to myself who ever is justifying the abuse of directed energy is posing danger to public health and safety. This was also my thoughts when receiving directed energy attacks in a building that had families with children, this wasn't torturing in a confined space like

Gitmo but around others in a building. It was like there was a lack of concern how my targeting would affect others around me by those in authority abusing this weaponry. I was able to tolerate a lot of abuse even though it did provoke anger but couldn't help thinking that some other person who being targeted could reach the breaking point and snap potentially harming innocent bystanders in a building. Maybe that's what the perps were hoping for - provocation or snapping and becoming an Aaron Alexis that's fuel for their fear and alarmism industry.

Pre-Coronavirus Strange Flu Like Symptoms Visiting Italy in late 2019.

When I first visited my Dad in Northern Italy I received no electronic harassment. My Mom divorced my Dad in the very early 1990s and I started communicating with him again a little after the "pain ray" directed energy harassment started in 2013. I thought since he was smart with electronics maybe he could be some help and I also wouldn't regret never talking to him after my parents divorced. There was no resentment, I never communicated because I thought it was awkward. My big sister up until that point would take an Italian vacation and go visit him. First we exchanged letters and I sent him an Apple iPad. My Dad never really used the internet. He bought a pocket router in

Italy and we started to exchange E-mail about his past interest in man-made flying saucers and he gave me his theories on propulsion seeing that I told him I was harassed over UFOs. He seemed less interested in my electronic harassment and saw it as an opportunity to explain his ideas on UFOs and rant about current events and religion. Unlike others who dismissed him as crazy I thought what if he is onto something so I decided to put out a self-publish book on his ideas entitled *Gene Watson - Flying Saucers (2014)*. I also did it out of spite from being electronic harassed over UFOs. I knew my Dad was a smart person or what people would consider an 'eccentric.' His Italian relatives considered him a bum for leaving his American family but helped him get a job as a welder for a crane company where he eventually retired. In America his dream was to build a man-made flying saucer to usher in the era of flying cars or VTOL. What contributed to my parents divorce was his employment struggles that now when I look back could been something similar to COINTELPRO - a counterintelligence program by the FBI or part of a counterintelligence operation to discredit his ideas. Maybe he was viewed as a threat. He blamed my Mom's dad or his father-in-law for reporting him to the credit union and making it hard for him to get work but I recall him writing lots of letters and having conflict with

a city mayor over violating zoning laws accumulating scrap metal, electronics in the yard, and tapping the power line etc. From researching COINTELPRO sabotaging a person's employment with slander was standard practice by the FBI, similar to what today would be considered a FBI terrorist 'disruption.' I knew my electronic harassment was because of UFO research partly inspired by the Art Bell radio show and was a passing phase that I should put to rest, moving onto my music hobby but I thought this was a once in a lifetime opportunity. The internet by that time was also changing. Internet forums where I trolled or debated with UFO debunkers and free web sites like Geocities and Angelfire where I compiled my UFO research were less relevant because of the emergence of social media. The internet was also filled with fringe UFO junk or what looked like disinformation. I put the first self-published book of my Dad's UFO concepts together even though the directed energy harassment was strong enduring much pain. My Dad seemed to enjoy communicating with his iPad and showing off his ideas. I couldn't say the same. Being electronic harassed was no fun and I couldn't tell if a lot of what he was going on about was just pseudo-science but he had small models of ion lifters that swung back and forth after a jolt of electricity. My Dad looked up to Nikola Tesla and believed man's destiny was his favorite

TV show: *Star Trek - The Original Series* - to go off-planet and explore the stars. Humans would become more evolved after becoming space faring instead of the vices of corruption, war, and violence. I on the other hand seeing how I was treated for just researching UFOs on the internet didn't necessarily agree with his optimism about humans evolving becoming more benevolent and space faring. We live in a more high-tech society but still haven't evolved with the same wicked behavior. Case in point: people in positions of power torturing citizens with directed energy and surveillance abuse but I decided to go visit him anyway and got my passport where I booked a flight and got some vacation time to fly to Italy. After arriving in Italy and staying at my Dad's place I noticed there was no electronic harassment. It was strange to sleep not being harassed, even waking up with an erection because my body was naturally allowed to relax but that changed on subsequent visits. After that visit I started to become targeted in Italy like arrangements were made by the authorities to keep pestering me when I would go overseas. I learned that the FBI has foreign offices in Europe and Italy. During later visits to Italy I stayed in hotels or Airbnb's which didn't make for a very fun vacation because I was always tired from electronic harassment. It would start up shortly after my arrival like they knew my

itinerary and where I booked my lodging. During my last visit in 2019 in late October or November I stayed in a two story building that was like a hotel not far away from Malpensa Airport booking it through Airbnb and got electronic harassed while trying to sleep, hearing footsteps pacing my position above me like in New York. I had to get up and pee all the time since my stomach was being targeted like the perps were trying to cause incontinence. I also started to come down with flu-like symptoms where I had congestion and a sore throat. I noticed while returning to New York there were more Chinese tourist at the Italian Airport. When news broke about the coronavirus in early 2020 the pandemic ironically first started spreading in Northern Italy, after the Chinese were trying to contain it near the Wuhan Lab in China. The news said the outbreak in Northern Italy came from Chinese tourist. I suspected there was more to the coronavirus pandemic than we were being told. I was targeted in the throat as to force coughing shortly before the pandemic, then had strange flu like symptoms while visiting my Dad in Northern Italy in late 2019 where I was coughing up mucus. This was shortly before the pandemic took hold in the region continuing to spread around the world eventually wreaking havoc in New York. At first the news reported the Havana Syndrome involved diplomats but it turns out according

to news reports some of the so called 'diplomats' or 'state department employees' were really spy's into espionage or CIA officers. I speculate the Havana Syndrome, now called by the government "anomalous health incidents," could be tit-for-tat activity where spy's are using directed energy against each other and the coronavirus may have unintentionally spread like it was a type of bio-warfare being developed to be used against an adversary. The use of less-than lethal directed energy against diplomats or spy's would be called a 'grey-zone' where non-military means below the threshold of armed conflict are used to achieve a political objective i.e. intermediate warfare. I couldn't help thinking of hearing news of chemical weapons used in the Syrian civil war from years prior when the coronavirus emerged. There is still speculation where COVID-19 came from with now greater support to the theory it was leaked from the lab but could it have been germ warfare retaliation gone wrong? Maybe the wrong pathogen was accidentally used creating a pandemic? This would only be speculation, maybe I just had the flu but the forced coughing fits where I could tell directed energy was being used and the strange flu-like symptoms and congestion I caught while staying in Italy in 2019, shortly before the coronavirus spread in the region, made me wonder.

Staying at Airbnb's in NY

It was a challenge to balance my work schedule and stay at AirBnb's because the places I stayed at varied by location. There was check-in and check-out times similar to that of a hotel like after 11:00 AM. The coronavirus started to take a toll on New York's tourism industry so there were rooms available at a discount that normally wouldn't have been. I would always try to book an Airbnb room for a week to make things easier for the commute to work but sometimes that wasn't possible. Sometimes I could only book a room for two or three days. I remember when I first started staying at Airbnb's there was a room that was just a pull curtain for privacy and an air bed. Luckily I was there mostly by myself because I worked nights and the apartment owner worked days. A lot of Airbnb's in New York had a key lock box so there was minimal contact with the Airbnb host. Arrangements and instructions were made through the App. The quality of the Airbnb's varied but to me they all felt a little dirty like staying in a cheap hotel. I was curious whether the perps would follow me to Airbnb's like going from room rental to room rental when living in Washington Heights. I knew from previous experience from going on vacation and booking a hotel room the directed energy attacks would start up after being at the hotel a few days. My

curiosity was answered when booking long stays. When I would book a week's stay at an AirBnb I could hear bumping around or foots steps above me and strong directed energy attacks with the perps using the pain ray. I was curious what would happened if I booked a hostel space where people, usually travelers share the same room sleeping on bunk beds. I thought to myself if I was sleeping in a bunk bed around other people how could they electronic harass me? I first stayed at a hostel in the South Bronx that was mostly empty. To keep privacy I bought plastic table cloths from the Dollar Store and draped them around the bottom bunk where I would be sleeping. I also tried using mylar or space blanket. There was one man there who was a dead beat and had to pay child support, he told me his story and why he was reduced to living at a hostel. The Airbnb host would come in everyday to the hostel and clean but mostly was not around. Like in my previous book, *Covert Harassment Not Just 5G*, I describe that my harassment was not only the pain ray but I would get black bags, that's when people go through your room and belongings when you're not a home, itching powder would be put in my clothes and also in my security guard uniform at work inside my locker that consisted of dress pants, dress shirts, and a blazer. One day I noticed at the hostel my clothes had itching powder, I kept my bag of clothes near the bunk bed. I could

tell by shaking the clothes and seeing small fibers floating in the air. I thought to myself who could have done it? Then I saw new person was there because another bed looked occupied. The next morning I saw who the person was and she looked like an off-duty cop or military looking woman who gave me a mean stare like she didn't want to stay in the hostel and was assigned to stay there. The dead beat guy was no longer around although his stuff was still there. It seemed odd because he was always hanging around. I also started to feel electronic harassment and no one stayed in the bunk bed above mine, I even walked to see what was upstairs. The building I was in that had a hostel was like a loft. Some of the addresses listed at the front of the building didn't look residential but like small businesses. I could not tell if anybody lived in the space above the hostel. I tried going to other hostels through Airbnb, one was in Brooklyn. It was a bunk bed in a room where two people could stay and a homosexual man already made himself at home, he would complain if I opened the window for fresh air and told me not to touch a religious shrine looking area where he burned incense, then he started complaining about the noise from my mylar blanket when I tried setting up a curtain around the bottom bunk. I was too grossed out to use the sheets so I would sleep over the mylar that made noise when I turned my body. The Futon bed

in the bottom bunk would also sink because the bed support seemed broken giving me back pain. I quickly saw that this was not going to work out and got the impression the young homosexual man tried to complain and run everyone off to have the room for himself. The hostel also smelled like pot, Brooklyn was gentrified appealing to younger people, or young transplants who thought it was cool to live in Brooklyn. I voiced my complaint to the hostel host but he didn't seem to care because he was accustomed to all sorts of melodrama and a high turn over with people coming and going. The coronavirus was also displacing transplants in Brooklyn looking for a place to stay. It was the type of younger crowd looking to sleep on someone's couch and smoke a joint. I booked three days and left after only one day. I found another hostel in Chinatown, Manhattan. It had one bathroom and shower that seemed always occupied and also smelled like pot. At this point I was tired and didn't really care. I woke up and there was a big homosexual black man laying on his side on the top bunk across from me trying to make small talk and gauge if anyone else there was homosexual - like it was one of New York's gay bathhouses. He said he came to New York to visit and arrived on a Greyhound bus, he sounded flirtatious like he was ready for action, I told him I was not Gay, I booked the hostel for a day and only needed to shower, after my

shower I was glad I was leaving, a young man came in as I was leaving and seemed apprehensive like he had second thoughts about staying there seeing the big homosexual black man on the bunk bed. At the front desk while checking out I said “ni hao,” which is hello in Chinese, to a young geeky Asian woman with acne on her face sitting behind the front desk, she responded, “don’t go there, I’m not Chinese.”

During my time at Airbnb’s I kept a journal making daily entrees documenting my electronic harassment. Here is a Daily Log Entries From Staying at Airbnb’s:

Saturday April 18, 2020. Moderate targeting Targeted at work on mouth early morning hours. Targeted at home (room rental) on 516 West 174th Street, New York, NY. 10033. Targeted at basement level while trying to sleep on head around 10AM to noon. Equipment being moved around above me appears to be coming from Apartment #3. It is unclear whether the primary tenant who I signed a one month agreement with named Danilo B is aware of my targeting. The basement area of the building was converted into AirBnB rooms. Danilo was trying monthly rentals due to the coronavirus. There were about four other tenants staying at the basement level also renting out a room. Entry to the basement level was by

lockbox outside by entering a gate and walking down steps to access a door toward the back of the building. Not the normal front building access. The perpetrator where the dragging could be heard would be on the first floor located above me.

Sunday April 19, 2020. A break in targeting
A break in activity. I feel very little to no directed energy.

Monday April 20, 2020. Moderate targeting, in chest.

Targeted at work in chest area, in room rental on 516 West 174th Street while trying to sleep, a runny nose effect that goes away when away from targeting.

Tuesday April 21, 2020. Moderate targeting, in shoulders/ chest.

Targeted in room rental on 516 West 174th Street while trying to sleep in shoulders, chest. Equipment heard being moved around above me.

Wednesday April 22, 2020. Moderate targeting, in shoulders/ chest.

Targeted in room rental on 516 West 174th Street while trying to sleep. Shoulders, chest area. Equipment heard being moved around above me.

Thursday April 23, 2020. Moderate targeting,

fake cold

Targeted in room rental on 516 West 174th Street while trying to sleep and during the evening. Fake cold symptoms, runny nose, sore throat. Shoulders, chest area.

Equipment heard being moved around above me. Very little at work except when dosing off.

Friday April 24, 2020. Break in activity
A break in activity in room rental on 516 West 174th Street. A little clicking noise in the right ear. Some shuffling or dragging around above me.

Saturday April 25, 2020. Targeting pick up
A break in the activity during the morning in the room rental on 516 West 174th Street. Apartment owner came by to show room to a woman during the afternoon since I will be moving out on May 1st. Directed energy activity picked up again in the evening. Targeted in throat.

Sunday April 26, 2020. Heavy targeting
Targeted while trying to sleep at home during late morning, noon time on 516 West 174th Street. Shoulders, face, head area.

Monday April 27, 2020. Moderate targeting
Some directed energy targeting during the morning at 516 West 174th street while trying to sleep.

Tuesday April 28, 2020. Heavy targeting, rhinitis/ nasal inflammation

Targeting 4:30 AM at work top of the head, stinging burning sensation, clicks could be heard above me in the security command center work space. I was alone at the time. During the evening mild cold/flu sensation, inflamed nostrils, sourness in throat, and a sensation of back pain, dragging or the placing of equipment can be hear above me. After leaving room rental the sensation dissipates.

Wednesday April 29, 2020. Activity picks up, fake cold

A break in activity on 516 West 174th street, some artificial mild cold/flu sensation when waking up in the early morning hours.

Directed energy started up around 7:30PM with the dragging of equipment above me and the pain sensation to the head and left shoulder.

Thursday April 30, 2020. Break in activity

My one month stay was up at the room rental on 516 West 147th street in Washington Heights. I was offered an extended one month stay by Danilo B but declined. Pain in the shoulders and dragging of equipment could be heard above me in the early AM hours. There was very little activity late AM, Moved in this afternoon to a weekly Airbnb

off the 4 train stop in Queens. The address is 43-40 40th Street, Apartment #2B, Long Island City, NY 11104. A NYPD squad car was out front before my check-in. The AirBnB tenant woman was seen leaving the building and talking to one of the cops.

Friday May 1, 2020. Light targeting
Only light targeting can be felt while staying at AirBnB in Queens. The address is 43-40 40th Street, Apartment #2B, Long Island City, NY 11104, Sunnyside Queens. Light targeting at work to the mouth while trying to eat on my meal break early AM, could feel it on my tongue.

Saturday May 2, 2020. Activity picks up
Directed energy activity picks up at the AirBnB at 43-40 40th street, Apartment #2B in Sunnyside Queens in the afternoon while trying to sleep. Is it from the room above or below? I'm on the second floor. Like the room rental on 147th street the back and shoulders is targeted in trying to create pain and discomfort, also top of head. A little clicking could be felt in the right ear before directed energy picks up. I arrived early at work in lower Manhattan and tried to take a nap and the back was targeted.

Sunday May 3, 2020
Directed energy activity at the Airbnb on 43-40 40th street, Apartment #2B in Sunnyside

Queens is light in the morning. There is the fake cold symptoms where I have a sniffle and some soreness in the throat. I suspect its by directed energy inflaming my nostrils, face, throat. I can feel some light directed energy in the room. Like on 147th street when away from the room I feel normal. In the evening there was very little activity. I'm usually hit hard at least one day during the weekend at home and at work. This weekend it was on a Saturday.

Monday May 4, 2020, Moderate Targeting Day

Directed energy activity at the Airbnb on 43-40 40th street, Apartment #2B in Sunnyside Queens in the morning to the stomach and head while trying to sleep.

Tuesday 5/5/2020, Moderate Targeting Day
Light activity, some mild fake cold symptoms, woke up in the afternoon, slept most of the night. Light targeting to top of head, chest, stomach in Command Center at work.

Wednesday 4/6/2020, Moderate Targeting Day

Day off from work. Targeted on top of head at AirBnB room rental in Queens. Fake cold symptoms, some runny nose. Delivered for Uber Eats during the evening on bicycle. Symptoms dissipated when away from targeting.

Thursday 4/7/2020, Moderate Targeting Day
Moved to AirBnB Bushwick, Brooklyn Hostel
called Worst Hostel for Creatives, located at
26 Covert Street Apt. 1B, Brooklyn, NY.
11207. Tried to sleep some during the
evening after check-in then went to work
during the night. There was some targeting
Thursday into Friday at work in Lower
Manhattan to the stomach also fake cold-like
symptoms with some runny nose.

Friday 5/6/2020, Heavy Targeting Day
Morning at AirBnB Bushwick, Brooklyn
Hostel called Worst Hostel for Creatives,
located at 26 Covert Street Apt. 1B,
Brooklyn, NY. 11207. Targeted at throat
during 10AM to Noon when trying to sleep,
apparently targeted in right ear after putting
tissue paper in my ears to block out noise in
hostel. I did fall back asleep and woke up
during the evening but upon waking up
noticed a reduction in hearing like I was
targeted in my sleep. It's another form of
directed energy assault. Don't know how it
happens. It's a form of targeting that nullifies
the hearing. This has occurred before while
working in Lower Manhattan and the room
rental I used to stay at on 393 Edgecombe
Ave #32, Washington Heights. Friday into
Saturday at work in Lower Manhattan there
was heavy targeting to the stomach that
resulted in some blood in my stool.

Saturday 5/9/2020, A Break in Targeting
Tried to sleep during the morning at AirBnB
Bushwick, Brooklyn Hostel called Worst
Hostel for Creatives, located at 26 Covert
Street Apt. 1B, Brooklyn, NY. 11207. The
shared bunk space wasn't working for me,
the other person in the room would sleep all
day and complained about my mylar blanket
making noise, he seemed to become more
irritable the short time I was there so I
moved to another AirBnB in Manhattan that
was a private room. Slept during the evening
at the Manhattan AirBnB before going to
work at night. There wasn't much
harassment activity on Saturday. I slept
soundly during those evening hours.

Sunday 5/10/2020 Targeting Pick Up While at
Work

At Manhattan AirBnB on 27th street, some
stomping around could be heard in the
morning, light directed energy when trying
to sleep, then I fell asleep late morning after
posting to Facebook, woke up early afternoon
and fell asleep again waking up around 6:00
PM. There was little to no activity during the
evening. Went to work at night. Sunday into
Monday morning the targeting picked up at
work, around 3:00-4:00 AM there was
targeting in my stomach, shoulder, and
tongue when trying to eat. Some blood in my
stool was observed when I later went to use

the restroom while patrolling. When the directed energy is active at work there is an audible "clicking" noise from the ceiling above. This has been occurring for some time at the workplace. I've recorded this sound using my Macbook. There was targeting to the top of my head, a slight sensation of stinging pain after 6:00 before leaving work at 7:00 AM.

Monday 5/11/2020 Moderate, Light targeting Monday into Tuesday at work in Lower Manhattan I was tired and felt light directed energy to the head. At Manhattan AirBnB on 27th street there was little directed energy.

Tuesday 5/12/2020, Moderate, Light targeting

Some light DE on 27th street AirBnB. I woke up in the early afternoon. Fell asleep late afternoon after updating my WordPress web site and woke up during the night to go to work in Lower Manhattan. At work there was some fatigue and I was targeted on the head, shoulder, left ear tinnitus. The DE was moderate/light.

Wednesday 5/13/2020, light targeting.

Sinus discomfort, possibly from allergies, rhinitis/ nasal inflammation some pain in the shoulders. There doesn't seem to be severe electronic harassment at the 27th street AirBnB in Little India Manhattan like a

person is using equipment at close quarters getting in a room above below me stomping around. Are the NYPD/ Feds/ Intel Contractors too afraid to use the directed energy equipment is largely Muslim areas?

Thursday 5/14/2020, Heavy Targeting to back & head, rhinitis/ nasal inflammation. Sinus discomfort or fake cold symptoms, Pain in the back in the AirBnB at 43-40 40th street, Apartment #2B in Sunnyside Queens. There is a noticeable difference in the Little India apartment on 27th street in Manhattan that had a large Muslim, Indian population and where I am staying now back in Sunnyside Queens. Why did I go back to the Airbnb in Sunnyside Queens? Cheapest rate, not a far commute to work using the subway.

Friday 5/15/2020, Light to a break in targeting
While sleeping during the morning at the AirBnB in Sunnyside Queens there was targeting to the stomach causing a burning sensation or discomfort. Woke up twice in the afternoon to use the restroom and fell back asleep. Little to no harassment during the evening after I woke up.

Saturday 5/16/2020, Light to a break in targeting

At the AirBnB in Sunnyside Queens there was

targeting to the head during the evening while trying to sleep. Very light or a break in targeting at work in Lower Manhattan during the Saturday PM to Sunday AM shift. Early AM hours at work Friday morning there is mild, noticeable directed energy targeting to the head.

Sunday 5/17/2020, Heavy targeting

At the AirBnB in Sunnyside Queens, at 43-40 40th street, Apartment #2B after I got home from work there is bumping around above me on the third floor. It wouldn't surprise me if I get a strong directed energy attack today. Sunday's or the weekend tend to be a popular time for heavy targeting for some reason. Sure, enough a strong directed energy hit when lying down to sleep. I could feel it to the face, mouth, neck and head like there was a strong pulse of directed energy. I wrapped a t-shirt around my head and blue jeans around my neck with mylar blanket on top before falling asleep. More banging round on the third floor above could be heard. I woke up around 2PM.

Sunday to Monday 5/18/2020, Light to Heavy Targeting

When taking a break at work to take a nap a little after 2:00 AM there was sub audible clicking noises in the right ear and directed energy targeting in the shoulder. There is

light targeting at to the top of the head and stomach around 5:30 AM in the Command Center at work. It's normal for the directed energy activity to start up after 4:00 AM in the Command Center at work and continue until I'm relieved from post at 7:00 AM. There was strong targeting to the stomach before I was relieved from post around 6:45 AM. I believe at work the directed energy equipment is concealed above me and remote controlled from somewhere. There's an audible click sound coming from the ceiling that coincides with being hit with directed energy. Who's actually pushing the button to inflict pain is the million dollar question.

Monday 5/18/2020, Light to Heavy Targeting
Woke up a little after two PM at the AirBnB rental in 43-40 40th street, Apartment #2B, Sunnyside Queens. Some light targeting to the head. Went to do laundry and buy some groceries. Notice a police car where the 7 train subway is at close proximity to the AirBnB. When trying to squeeze in a few hours sleep in the evening before work some more directed energy assaults to the face, eyes, stomach, behind, and head from the third floor above. The modus operandi appears to cause sleep deprivation or target during sleep. This has been the case since the Spring of 2013 when I first became targeted with Raytheon's Active Denial/Silent Guardian pain ray type harassment both at

work and in my room rentals. This has to involve counter-terrorism, Homeland Security in order to get inside people's apartments in my opinion. It reminds me of the story of Larry Sanchez who was with the CIA and worked with the NYPD to stalk Muslims. As I was leaving the AirBnB at 43-40 40th street, Apartment #2B, Sunnyside Queens, I noticed the name for Apartment #3B was removed from the mail boxes and also the front door directory to buzz people in. Coincidence? Too funny. I will have to take a picture tomorrow morning.

Tuesday 5/19/2020, Light to Heavy Targeting

During the Monday night into Tuesday morning shift at work in Lower Manhattan I was targeted in the eyes like little pricks. In the morning I returned to the AirBnB at 43-40 40th street, Apartment #2B, Sunnyside Queen but who's the tenant in Apartment #3B? The (perp) apartment above me where I'm getting hit with directed energy. There is no name on the mailboxes, it looks like it was recently removed from the building directory near the front door and the letter "B" was removed from the third floor door unlike other third floor doors that still have the number and letter (see photos).

Tuesday 5/19/2020 PM, A break to light targeting

After waking up from the AirBnB in Sunnyside Queens, I did food App deliveries on my bike. There was some targeting to the teeth, and as I was returning late evening at the Port Authority, Times Square subway platform I has hit or zapped in the stomach.

Wednesday May 20, 2020. A break to moderate activity

There was little to no activity during the night but while sleeping early morning 6-8 AM there was targeting to the face and head partially waking me up. I could hear the directed energy make a crinkle sound on the mylar blanket while laying perfectly still. In this YouTube video from February there is a weird waving up and down motion on the mylar blanket placed on top of me. It's strange because I'm not breathing at a fast pace and if you listen very carefully you can hear a crinkle sound as I lay perfectly still.

Thursday May 21, 2020. A break to pain in the neck, rhinitis/ nasal inflammation

Light activity overnight or in the morning during my day off from work at the AirBnB in Sunnyside Queens, New York. Some pain in the neck and rhinitis/ nasal inflammation like my days off last week. Also noticed itching powder placed in my clean shirts as if

someone is going through my room. I didn't tape up my clothes bags. I'm will to bet though the directed energy assaults will pick up Thursday evening to Monday where there will be some strong days of activity both at the room rental and at work in Lower Manhattan as it always happens. A pattern of abusive behavior.

Friday May 22, 2020. Strong activity in the morning

Before getting off work in Lower Manhattan there was some light directed energy and upon returning to the Airbnb in Sunnyside Queens there was strong directed energy while trying to sleep around 9:00 AM. Clicking sounds could be heard from the mylar blanket placed on top of me as demonstrated in the video below.

Saturday May 23, 2020. Strong activity at work, middle of the night early AM

At work in Lower Manhattan targeted on my break around 3:00 AM in the head, mouth, and also the stomach before getting off work 6-7 AM with bruising to the touch. Also some electrical quivering around the lips. Fell asleep at the Airbnb in Sunnyside Queens, woke up in the afternoon to pee, for some reason after getting microwaved it makes me pee a lot like the body retains water, finally woke up after 3PM. There was some rhinitis/ nasal inflammation and low audible ticks of

clicks could be heard inside the right ear. Some people use terms like voice-to-skull or V2K, the Frey effect or Microwave auditory effect, I don't know how its done or the purpose. I speculate the little clicks have something to do with the equipment like honing in on the targeted person, testing the strength of the signal. During Saturday evening there was strong directed energy activity to the head and shoulder before going to work.

Sunday May 24, 2020. Strong activity at work early AM to light at home
From 11PM to 3AM there was strong directed energy activity at work to the head and shoulders and mouth, tongue. It eased up toward the end of my shift. Little activity at the Airbnb in Sunnyside Queens and picked up in the evening where my mouth was targeted with scraped or singed tongue before work in the evening around 8:30-9:00 PM.

Monday May 25, 2020. Memorial Day, A break in activity
Very little targeting at work and upon returning to the Airbnb rental in Sunnyside Queens, there only appeared to be some targeting to the neck and shoulders but very light activity. There is usually a break on holidays. It points to the perpetrators abusing directed energy being on a payroll.

Tuesday May 26, 2020. Moderate targeting
Targeted in head and mouth, tongue at work
in Lower Manhattan at 12-3 AM Monday
evening into Tuesday. Targeted in stomach
before leaving work at 6:30 AM. Targeted at
Airbnb in Sunnyside Queens at 1:30PM in
stomach while trying to sleep.

Wednesday May 27, 2020. A break to light
targeting.
My day off from work. Targeted during the
morning in the shoulders.
Light targeting when I tried to sleep at night
at the Airbnb in Sunnyside Queens, NY. Some
fake cold symptoms with a sniffle but not as
strong as last week.

Thursday May 28, 2020. Light targeting, fake
cold.
At Airbnb rental in Sunnyside Queens felt
bumping some underneath some targeting to
face, head. Fake cold symptoms. Took bike
out during the late afternoon evening before
work. Went to my a security guard job in
Lower Manhattan. Targeting to mouth,
tongue during the night shift early AM hours,
some pain to the shoulder.

Friday, May 29, 2020. Light to heavy
targeting
While sleeping at the Airbnb at Sunnyside
Queens I was targeted in the stomach area.

At work Saturday night into Sunday morning the targeting to the stomach region continued and was strong from 12:00 AM to 3:00 AM. Around 5:00-6:00 AM strong targeting to both the top of my head and stomach in the command center at work in lower Manhattan, New York.

Saturday, May 30, 2020.
While sleeping at the Airbnb at Sunnyside Queens targeted to face and head.

Sunday, May 31, 2020
Targeted in head while trying to sleep.

Monday, June 1, 2020
Light targeting at Hotel Harrington, Washington DC.

Tuesday, June 2, 2020
Targeted in mouth during the evening leaving singe marks while staying at Hotel Harrington, Washington DC.

Wednesday, June 3, 2020
Targeted in mouth while outside Capital Hill and a ringing tone in ear during the evening while returning to New York riding Amtrak. Some rhinitis/ nasal inflammation.

Thursday, June 4, 2020
Rhinitis/ nasal inflammation at the Airbnb, light targeting to top of the head.

Friday, June 5, 2020

Directed energy to the top of head, shoulders, stomach at the AirBnB room on 43-40 40th street, Apartment #2B, Sunnyside Queens, some bumping around heard from above Apartment #3B. Hit at work tongue and top of the head with directed energy during the late night early morning hours.

Saturday, June 6, 2020

Hit at Airbnb at 43-40 40th street, Apartment #2B, Sunnyside Queens, while trying to sleep. Macbook feels hot when on the internet.

Sunday, June 7, 2020 Strong Activity

Pen or needle pricking sensation on the very top of head in the evening and some pen needle pricking sensation to the eyes when trying to sleep at the AirBnB in Sunnyside Queens and later at work in lower Manhattan during the night shift early morning hours.

Monday, June 8, 2020.

Targeted while trying to sleep late morning to the head and stomach. A break in activity during the evening.

Tuesday, June 9, 2020.

A break in activity at 43-40 40th street, Apartment #2B, Sunnyside Queens, NY.

Wednesday, June 10, 2020.

Rhinitis/ nasal inflammation at the Airbnb, fatigue to the neck. Moved to an Airbnb in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233.

Thursday, June 11, 2020.

Rhinitis/ nasal inflammation at the Airbnb at 162 Sumpter Street, Brooklyn, NY 11233, fatigue to the neck. Targeted in head at work 2:00 AM.

Friday, June 12, 2020.

Targeted in head at work after 5:00 AM.

Saturday, June 13, 2020.

Heavy targeting at work, head and stomach. Light targeting at Airbnb rental in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233,.

Sunday, June 14, 2020.

Light targeting at work. Light targeting at Airbnb rental in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233,. Targeting at mouth/ tongue during the evening during start at work in Lower Manhattan.

Monday, June 15, 2020.

Heavier targeting at Airbnb in Brooklyn while trying to sleep in the afternoon at 162 Sumpter Street, Brooklyn, NY 11233,.

Tuesday, June 16, 2020.

Strong activity when lying down to sleep at Airbnb in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233,.

Wednesday, June 17, 2020

Moved to another Airbnb weekly rental in Brooklyn, 351 Schenck Ave, Brooklyn NY. A break in activity or light activity detected.

Thursday, June 18, 2020

Itching powder was put in my uniform shirt at work. Light to moderate directed energy sensation at work.

Friday, June 19, 2020

A build up of directed energy sensation can be felt during the morning and afternoon. Light tinnitus sensation.

Saturday, June 20, 2020

A break in activity or little activity. Scratchy feeling in throat while at work during the overnight shift.

Sunday, June 21, 2020

A build up of directed energy sensation at rental room in Brooklyn, 351 Schenck Ave, Brooklyn NY. around 3PM. Top of the head, throat while trying to eat. MacBook felt hot.

Monday, June 22, 2020

MacBook felt hot at Airbnb on 351 Schenck Ave, Brooklyn NY. Light directed energy to

the top of the head during the late afternoon and evening.

Tuesday, June 23, 2020

Light directed energy sensation on an American Airlines flight from Chicago to Los Angeles (LAX) and shortness of breath at high altitudes. Checked in to Airbnb room at 209 North Dalton Ave, Azusa, California late at night.

Wednesday, June 24, 2020

At Airbnb room at 209 North Dalton Ave, Azusa, California. Visited my mom in Pasadena. Little to no activity felt.

Thursday, June 25, 2020

My rental car had a Azusa parking ticket. Fake cold or cough symptoms while visiting my mom. During the evening strong electronic harassment activity at the Airbnb room at 209 North Dalton Ave, Azusa, California. Throat, stomach, shoulders targeted. An Azusa police patrol car was observed outside the AirBnB rental giving another traffic ticket for not liking how the rental car was parked.

Friday, June 26, 2020

Moved from Airbnb room in Azusa due to traffic ticket problem. Urinated a lot after leaving Airbnb in Azusa. Seems to be a bio-effect from a directed energy assault. The

body retains water. Now staying at a two story house that advertises as a hotel South of Pasadena, closer to Los Angeles. Feel light directed energy to the top of the head. See a Wi-Fi signal called "FBI VSV 06" (pictured below). Sometimes "FBI Surveillance Van" would be a Wi-fi signal observed while living in New York. I can also feel my MacBook getting hot again.

Saturday, June 27, 2020

Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA. Some nasal inflammation.

Sunday, June 28, 2020

Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA.

Monday, June 29, 2020

Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA. African American male staying at the hotel was observed staring through the window while standing on the staircase outside. I walked toward the window and he walked down the stairs.

Tuesday, June 30, 2020

Itching powder, tiny white hair and fibers was observed put in clothes in hotel and in my job interview clothes kept in the rental

car.

Wednesday, July 1, 2020 - A break in targeting.

Thursday July 2nd - targeted on chest, pain to heart area in rental car in Los Angeles on the way to the airport, LAX.

Friday July 3rd - Checked in to Airbnb in Brooklyn, New York, the same address before going to California: 351 Schenck Avenue, Brooklyn, NY 11207, United States. Targeted on head at work at 3:00 AM after returning to my security job in Lower Manhattan.

Saturday July 4th - Targeted on head, clicking noises in command center at 2:00 AM at work in Lower Manhattan, strong targeting 4-5AM to head and stomach. Some bumping around heard above me while at the Airbnb in Brooklyn, NY.

Sunday July 5th - Itching powder in clothes and bed at Airbnb, targeted at work 4:00 AM in the morning on top of the head, audible clicking noises in the command center at work in Lower Manhattan.

Monday July 6th - A break in targeting at work, targeting at Airbnb room rental while trying to sleep, burning or discomfort to eyes during the evening.

Tuesday July 7th - Targeted at work in the command center at 12:30 AM and 4-6 AM top of head. A break in activity during the day at Airbnb.

Wednesday July 8th - A build up of directed energy during the evening, rhinitis/ nasal inflammation late night, early morning.

Thursday July 9th - At 6PM targeted on my head, burning sensation the the eyes while in Airbnb room at 351 Schenck Avenue, Brooklyn, NY 11207, United States. Bumping heard on the floor above me.

Friday July 10th - 12:20 AM targeted on head at work. Moved to an Airbnb room in Bushwick, Brooklyn, NY located at 844 Monroe Street. The room is on the second floor with the window facing the street.

Saturday July 11th - Early AM a break in activity at work. Directed energy builds up at the Airbnb room during the evening around 6-7 PM, some bumping around can be heard coming from the room next to mine or bumping below, low audible clicks in the right inner ear could also be detected. Strong targeted on head during the evening while going to work.

Sunday July 12th - Saturday evening into

Sunday morning shift at work at 2:30 AM and 4:00AM targeted on the head at work. A break in activity at Airbnb during the morning.

Monday July 13th - Sunday evening into Monday morning overnight shift at work in Lower Manhattan, targeted in tongue/mouth when trying to eat lunch in security command center. A break in activity at Airbnb during the morning. MacBook felt hot after waking up around 4-5 PM. Directed energy activity picks up during the evening 7-9 PM at Airbnb room. Targeted top of the head, shoulders, while laying down on be burning eyes, picking feet.

Tuesday July 14th - Monday night into the Tuesday morning overnight shift at work in Lower Manhattan, targeted in tongue/mouth with soreness inside the cheeks, also targeted on top of the head around 12:30 AM, activity picks up again around 4-5 AM. Targeted in the eye after waking up at the Airbnb in Brooklyn around 2:30-3:00 PM, a burning, pricking sensation and top of head.

Wednesday July 15th - Day off from work, soreness inside the cheeks, woke up around noon time at Airbnb, soreness in shoulder bone.

Thursday July 16th - Moved to an Airbnb in

Canarsie, Brooklyn. A break in activity. Little to light activity at work in Lower Manhattan that picked up around 4:00 AM Friday morning.

Friday July 17th - Targeted in stomach while trying to sleep at Airbnb, targeted in eyes with burning sensation during the evening, some shoulder bone pain.

Saturday 7-18-2020 break in activity at Airbnb

Sunday 7-19-2020 3:00 AM targeted at work on head, stomach and head 4-7 AM. Targeted to stomach at Airbnb room while sleeping during the morning, afternoon.

Monday 7-20-2020 - Early AM targeting at work in stomach, Targeted at Airbnb while trying to sleep during the morning, afternoon, and evening.

Tuesday 7-21-2020 Targeted in the morning while trying to sleep at Airbnb in Brooklyn, NY.

Wednesday 7-22-2020 Targeted in face, head while trying to sleep during the morning

Thursday 7-23-2020. Targeted in face, head while trying to sleep during the morning and targeted on foot in Airbnb in Canarsie,

Brooklyn during the evening.

Friday 7-24-2020. Early Friday morning at work around midnight targeted on foot and at 2:00 AM targeted in head and mouth, tongue at work in Lower Manhattan. Around 3-7 AM targeted in the foot in Command center at work creating soreness sensation, Moved to a rental room on 381 Edgecombe Avenue in Washington Heights. Targeted on the head while laying down on the bed to take a nap in the evening before work.

Saturday 7-25-2020. Itching powder put in clothes. Targeted in the stomach and feet at work 2:00 AM and 4-7 AM. Break in targeting at room rental on 381 Edgecombe Avenue.

Sunday 7-26-2020. Targeting at work to head and stomach 4-7 AM in the morning. Targeted in the stomach at room rental on 381 Edgecombe Avenue.

Monday 7-27-2020. Light targeting at work during the early AM hours.

Tuesday 7-28-2020. Day off from work. Light targeting to a break in activity at 381 Edgecombe Avenue.

Wednesday 7-29-2020. Day off from work. Light targeting to a break in activity at 381 Edgecombe Avenue.

Thursday 7-30-2020. Targeted in head, mouth, shoulders while trying to sleep at 2:00 PM in the afternoon at 381 Edgecombe Avenue. Bumping heard on the floor above.

Friday 7-31-2020, targeting at work, stomach.

Saturday 8-1-2020, targeting at home heavy targeting at work.

Sunday 8-2-2020, a break in targeting at home, heavy targeting at work.

Monday 8-3-2020, 4:00 AM at work stomach, heavy targeting at home.

Tuesday 8-4-2020, light targeting, a break in activity at home.

Wednesday 8-5-2020, light targeting to the shoulder blade, stomach during day off from work walking around Coney Island, NY during the afternoon and evening.

Thursday 8-6-2020, build up in targeting in rental room on 381 Edgecombe Avenue, stomping and shuffling around above my head. Targeted while trying to sleep in the evening to the eyes, head, stomach.

Friday 8-7-2020, light targeting at work in Lower Manhattan in the early AM hours at

after 1:00 AM to the stomach and after 4:00 AM. Clicking noises could be heard from the ceiling tiles above me in the security command center where I sit down.

Saturday 8-8-2020, light targeting on the back and light ringing in the ear while trying to sleep at room rental.

Sunday 8-9-2020, targeted in top of head at 1:00-2:00 AM and stomach at 3:00-5:00 AM at work in Lower Manhattan, NY.

Monday 8-10-2020, heavy targeting at room rental in Washington Heights, New York, targeted in the stomach in the rental room on 381 Edgecombe Avenue.

Tuesday 8-11-2020, light targeting to the stomach at work in Lower Manhattan.

Wednesday 8-12-2020, break in activity.

Thursday 8-13-2020, Man seen exiting apartment above mine with luggage "1D" name "Beltree" on mailbox and getting mail in the morning. Targeted to stomach during the evening

Friday 8-14-2020. Light targeting to break in activity during the morning. Targeted in head during the evening.

Saturday 8-15-2020. Light activity targeting stomach. I noticed itching powder was put in uniform at work when arriving during the evening.

Sunday 8-16-2020. Targeted in mouth at room rental in Washington Heights while trying to eat upon returning to work; targeted while trying to sleep. Targeted in stomach at work during the early AM hours, some blood was observed in my stool.

Monday 8-17-2020. Light targeting at work.

Tuesday 8-18-2020. Day off from work. Targeting during the late evening anal region while laying down on bed in rental room.

Wednesday 8-19-2020. Day off from work. Light targeting to head and some targeting to the ear while at the beach at Coney Island, NY.

Thursday 8-20-2020. Light targeting to mouth, tooth, gum discomfort during the afternoon in rental room in Washington Heights, New York. Some bumping around heard from the room above. MacBook blacked out by itself on several occasions and had to restart. Targeted in chest, heart while trying to sleep during the evening before work.

Friday 8-21-2020. Itching powder observed in uniform pants at work. Took some video. Fibers can be seen floating toward the end of the video.

Saturday 8-22-2020. Light targeting at work. Stronger targeting at room rental to head and stomach.

Sunday 8-23-2020. Light to medium targeting at work to stomach and fingers during the early AM hours. At rental room strong activity during the morning and afternoon to hands, head, face, and stomach. Some residual pain to the bladder or stomach during the evening.

Monday 8-24-2020. Light targeting to a break in activity at work.

Tuesday 8-25-2020. Targeting at room rental to stomach during the afternoon. Day off from work.

Wednesday 8-26-2020. Light targeting to a break in targeting at room rental. Day off from work.

Thursday 8-27-2020. Some targeting to head and feet during the late afternoon, evening while laying down to sleep.

Friday 8-28-2020. Targeted in mouth, tongue

at work in Lower Manhattan while eating at around 2:00 AM. Audible clicking noises from ceiling could be heard. Banging around the room above and targeting in the stomach and head while trying to sleep in room rental in Washington Heights.

Saturday 8-29-2020. Targeted top of the head with directed energy during the evening.

Sunday 8-30-2020. A break in targeting at home or during the evening.

Monday 8-31-2020. A build up of targeting at work in Lower Manhattan during the early AM hours.

Tuesday 9-1-2020. Light targeting at work in Lower Manhattan.

Wednesday 9-2-2020. Rhinitis, nasal discomfort. Strong targeting on head in rental (repel effect) room.

Thursday 9-3-2020. A break in activity slept long.

Friday 9-4-2020. Targeted at room rental while trying to sleep during the morning

Saturday 9-5-2020. Light tinnitus, ear discomfort at work. Audible clicking noises in command center at work in Lower

Manhattan.

Sunday 9-6-2020. Light tinnitus, ear discomfort at work early AM. Some discomfort to stomach when waking up in rental room. Some directed energy sensation, rhinitis, nasal discomfort when on subway.

Monday 9-7-2020. Rhinitis, nasal discomfort continues in the morning hours.

Tuesday 9-8-2020. Targeted in room rental. Woke up around 5:00 PM and there was soreness in the stomach. I heard stomping around from the room above and noticed some soreness in the shoulders. The directed energy wasn't intense but still noticeable.

Wednesday 9-9-2020. Targeted in room rental. Woke up around 12:00 PM and there was heard stomping around from the room above and noticed light directed energy.

Thursday 9-10-2020. A build up in directed energy targeting at room rental in Washington, Heights, New York. Pricking sensation to the eyes while trying to sleep during the afternoon.

Friday 9-11-2020. Moderate to strong activity at work in Lower Manhattan during the early AM hours. Targeted to the top of head (repel effect), eyes, stomach. Upon returning home

from work in the late morning hours I received strong targeting while laying on the bed to sleep where a portion of my body his hit all at once (the goodbye effect) from the head, eyes, throat, mouth to chest, and stomach.

Saturday 9-12-2020. Directed energy (repel effect) at work to top of head around 3:00 AM and 6:30 AM. Targeted at room rental while trying to sleep during the evening (repel effect) to the head.

Sunday 9-13-2020. Strong directed energy at work in Lower Manhattan the security command center while the Electrician shut off electricity and only back up lighting was on between 6:30 AM – 7:00 AM. Audible clicks could be heard from ceiling. Targeted on top of head (repel effect).

Monday 9-14-2020. Directed energy (repel effect) to stomach while trying to sleep in rental room in Washington Heights, New York around 1:00 PM.

Tuesday 9-15-202. Directed energy (repel effect) to stomach while on security patrol at work in Lower Manhattan around 4:00 AM. Bumping around above me and targeting to the stomach while sitting on chair in rental room at 381 Edgecombe Avenue in Washington Heights, New York during the

evening.

Wednesday 9-16-2020. Bumping around above me and targeting to the head, eyes, shoulder blade while sitting on chair in rental room at 381 Edgecombe Avenue in Washington Heights, New York during the afternoon.

Thursday 9-17-2020. A break in activity at work and room rental.

Friday 9-18-2020. Targeted during the evening in the stomach around 7:00 PM.

Saturday 9-19-2020. Targeted at work at 4 World Trade Center in Lower Manhattan during the early AM hours in the stomach.

Sunday 9-20-2020. Targeted while sleeping at rental room. After waking up around 7:00PM there was bruising mark on each side of the ribs.

Monday 9-21-2020. Light targeting to head, stomach, feet in room rental on 381 Edgecombe Ave, New York, NY.

Update: No more daily updates due to time constraints. There will be a monthly update instead.

Monthly Update:

October 2020. Long distance type targeting with tinnitus in left ear while driving in LA, CA area. Targeting to stomach and anal region as a security guard watching an empty lot at night in Canoga Park in the San Fernando Valley region of Los Angeles, California. Didn't start up right away but after some time working there. Strong some days like late week, weekend.

November 2020. In LA, CA area. Targeting to rear, tail bone area while driving and trying to sleep. Some days the activity is strong. Usually the weekend, Sunday but days can vary. The same parked car or van that is always in a parking lot was observed but can't say for sure if there is any involvement.

December 2020. In LA, CA/ San Fernando Valley area. Targeting to rear, tail bone area while driving and trying to sleep. In mid to late December I started to become targeted more in the stomach area, head, and nostril. Some days Rhinitis, nasal discomfort. Strong activity on Sundays. LA Police sometimes observed parked in proximity while resting in my car after being targeted.

January 2021. In LA, CA/ Pasadena/ San Fernando Valley area. Targeting to the stomach, rear, back while working making deliveries and during sleep time.

February 2021. In LA, CA/ Pasadena/ San Fernando Valley area. Targeting to the stomach, rear, eyes, lips, mouth while working driving making deliveries and during sleep. I started a daily targeting log playlist on YouTube to document daily occurrences. Also started a new documentary on my UFO research and directed energy targeting entitled Electromagnetic.

March;April;May;June;July 2021. In Los Angeles, Pasadena, Canoga Park. Itching powder put in clothes-black bag activity; directed energy to the stomach and neck/back, goodbye effect (strong directed energy attack) while trying to sleep.

August to end of 2021. Itching powder put in clothes-black bag activity; directed energy to the stomach, pricking or burning of eyes, targeting to the mouth; strong DE attacks while sleeping; also sometimes Rhinitis or nasal discomfort; fatigue after waking up. Police have a change in attitude after being pulled over and checking my drivers license the handing it back; driving off like I am on a watch-list.

Surviving The Coronavirus

In early 2020 the coronavirus was hitting New York hard and I checked into an Airbnb

at Flushing, Queens. The area reminded me of China Town in Manhattan since it has a large Asian population. The place I was staying was just a small closet sized room but at least I had my privacy, it was not a hostel. Luckily I had two days off and this proved to be important since I didn't know what was coming. I bought some items at the Asian Supermarket in Flushing, Queens after exiting the subway and some Chinese street food like dumplings and fried rice and while walking to the Airbnb I had a feeling in my throat like I was coming down with the flu, I knew this was no ordinary flu, and wisely stopped in a mom-and-pop Dollar store buying gallon jugs of water and Kleenex, paper towels, and rubbing alcohol. I caught colds and the flu often in New York, when I look back I think it's because I suffered from malnutrition because of my poor diet, to make matters worse I was a big guy and can be considered overweight but I was getting more exercise using a bicycle more often delivering food for Uber Eats when I had spare time. Looking back this may have saved my life because it took all my energy to fight off the virus. I was somewhat fit from all the bike riding to the point of being covered in sweat and out of breath. Now it took the same strength and endurance of biking up hill while holding a soft drink in one hand like delivering for Uber Eats to fight off the virus. By the time I got to my Flushing,

Queens Airbnb with the food and stuff I bought at the store I knew I was in bad shape. The next two days I didn't leave my room uncontrollably sneezing and having a sore throat that was so bad I felt like I was choking, I had restless sleep and was running a fever, waking up in pain with bad congestion trying to cough up the mucus, then after taking a nap and waking up I felt better even venturing out to the mom-and-pop Dollar store down the street to get some more water enjoying the cold humid air but it was like a dead cat bounce, the small feeling of recovery went away and after waking up from a nap and I knew I was in trouble, my entire body was in pain and I was suffocating pacing my breath, the thought of calling an ambulance and going to the hospital came to mind but I'm glad I didn't, I would have had a breathing tube put down my throat and become bed ridden dying like others from New York who had checked into the hospital. I had a strange feeling that death was approaching, the grim reaper was around the corner, I stood up and kept walking in circles around the small room because the pain was so intense, all the while also feeling a directed energy attack, I got the impression the harassers were trying to take me out, I would be another coronavirus death statistic. I saw a bottle of soy sauce I purchased and something inside me said to throw it away because the salt would make me dehydrated.

I only ate some grapefruit that I wisely purchased when I had the feeling of an oncoming flu, and drank lots of water from gallon jugs I purchased, because I was drinking lots of water I had to urinate all the time, I used empty jugs and an empty two liter bottles of seltzer to pee in instead of walking to the restroom, my body was too weak and I knew I may collapse trying to make it to the restroom, I went to sleep again and woke up uncontrollably coughing spitting out mucus, the mucus was so bad it sounded like I had bronchitis when I tried to speak, the uncontrollable coughing continued like my body was trying to get the mucus out of my lungs until I was coughing up blood, then by the third day I knew the worst of the fever was over I just had congestion, I may have called in sick for a day before returning to work but I remember returning to work with it still in my system, mostly coughing up mucus and feeling weak, so weak I walked slowly getting on and off the subway train. Then I was overcome with a comforting feeling like one feels after getting over a cold. I left the Airbnb in Flushing, Queens and called the Asian host that I was checking out, I also told him over the phone that I had the coronavirus and to sterilize the room, he responded angrily in a broken Chinese accent, "you sick? why didn't you stay at a hospital!" Shortly after I returned to work the client where I worked, Port Authority's

Executive Director Patrick Foye got sick with the coronavirus, the break relief security guard co-worker blamed me even though he came down with it first but it was spreading like wildfire all around New York, so it would have been hard not to get. We both caught the coronavirus early, in the weeks and months to come what I saw staying at Airbnb's and commuting to work on an empty subway train because non-essential workers were instructed to stay at home was like something out of a zombie horror movie. At first the police stayed off the subway trains and vagrants, homeless, and street people who wanted to venture out treated the coronavirus like a party, yelling, shouting, smoking weed while riding the train and then getting sick with homeless even dying on the subway. One subway platform in Washington Heights Manhattan had a sticky floor because it wasn't being cleaned with people who were displaced by the coronavirus filling each side of the platform with all sorts of commotion like it was a scene like a scene out of hell or Dante's Inferno. Some NYPD who did venture into the subway platform areas looked uneasy wearing a mask like they'd rather stay at home and not risk their lives amongst vagrants. I thought to myself how New York's finest did not look so brave during the apocalypse. Things would eventually settle though with the police learning out the homeless and train cars

looking empty.

I went to a cheap Airbnb room in the Bronx and there was a homosexual young Russian man, his Airbnb smelled like dirty socks with one young woman who was displaced, like in the hostel in Brooklyn I could tell she was a transplant not from New York. He said she was trying to stay in New York and wait out the virus. No one during that time knew how long the coronavirus would last thinking things would return to normal in a matter of months. He had a picture of him posing with progressive politician AOC that was posted on the fridge door along with other photos and sticky notes. The homosexual Russian man who spoke in a Russian accent was worried because by that time tourism had stopped and that was his lifeline. I assured him that the coronavirus would pass and things would return to normal by the summer because the virus did not like warm weather. Looking back I was wrong but it was something to say to make him feel better. He offered me a weekly rate discount if I stayed like a ghost rental because he was worried about not filling rooms, I told him my plans were to move to California and at the time I thought it would be soon. The warmer months were approaching and the social isolation orders for non-essential employees to stay at home dragged on. The city finally got the vagrants and homeless off the mostly

empty subway trains and I saw nurses going to work crying because of what they were seeing, when I was making a delivery riding my bicycle I passed a hospital with cooling trucks outside for the corpses and one nurse fell to her knees on the street overcome with emotion. On the news there was an Island off Manhattan where bulldozers were burring those with no money or family in pits and knew that would have been my fate if I wasn't successful in fighting off the virus when I got sick in Flushing, Queens. There were conspiracy theorist where the coronavirus was yet to take hold in other parts of the US claiming it was just the flu but I knew what I caught was no ordinary flu, it felt like chemical warfare remembering how I was overcome with fear gasping for breath. It started to get warmer outside as the summer months approached, I remember staying at an Airbnb in Sunnyside, Queens, the host were a family on the second floor that turned their children room into an Airbnb for the extra money. The place always smelled a little sour because of what they cooked in the kitchen, they were Turkish or Greek and there was a grocery store nearby that had Irish or Polish food. I remember seeing the Shepherd's pie thinking how different the food was compared to where I stayed for the longest time in Washington Heights that was mostly Latinx. Staying at Airbnb's gave me a chance to experience

other cultures around New York's boroughs. Aside from the smell from the kitchen the room was okay and cheaply priced, I stayed there for a week and toward the end of my stay the electronic harassment picked up. I noticed the stomping around above me and something being moved on the floor pacing my position. The stalking was relentless. The perps seemed to follow me no matter where I went especially if it was a long stay.

I went to other Airbnb's in Brooklyn, Coney Island, Northern Bronx, then the room in Sunnyside, Queens came up again so I booked another week. Why? Because short stays moving from one borough to the next was exhausting. It's like the perps were on a rabbit run or 'running the rabbit' - a term by the military to chase a target. The term rabbit comes from target practice - the paper rabbits shot at at a firing range. When I rebooked the room for a week in Sunnyside, Queens this time the perps were waiting for me. The pain ray directed energy attacks were bad from the start and it was coming from upstairs. I tried my best to shield my head using mylar blanket and my jacket, no longer did I have extra material that I compiled over time for shielding like in my old room rental. The next day I noticed my bicycle tire was slashed where I chained it to a bike rack out front. I located a bicycle place a few stops down on the 7 train to fix the flat

and tried chaining my bike on another street not far away from the Airbnb. I decided to try to take some photos and document my harassment, I took a photo outside of the window above mine that looked broken with no curtain and I noticed something peculiar: the name of the tenant who lives in the apartment above my Airbnb was recently removed from the call box and replaced by a blank name tag. I could tell it was recently done because the blank name tag was new and all the other names were dusty and been there awhile. I even went up to the apartment tinted to knock in the door and demand who staying there to pester me but remembered how the harassment was like provocation and the perps carried heat. Everyday during the late afternoon people would bang pots and pans from their windows to cheer and show their support for doctors and nurses who had to go to work during the coronavirus. I think I may have left the Airbnb in Woodside, Queens early because the electronic harassment from upstairs was so bad. I was even tempted to go to the local police precinct but I knew from experience the police were not going to help or do anything, maybe even involuntarily commit me, what is called a 5150, as other targeted individuals have described when approaching law enforcement. I remember deciding to stay at an Airbnb rental back in Washington Heights,

the host there told me it was normally booked months in advance by mostly tourist but because of the coronavirus I could book a room there at a discounted rate. He met me outside where he gave me a key, we walked down some steps by the side of the building where there was a door, it all seemed a bit sketchy and a scary thing to do because it was nighttime, but he opened the door and inside was a very touristy decorated Airbnb apartment, with a bookshelf, a table, a fax machine, and a computer on a desk, where there was a hallway to other rooms, a small kitchen with dirty dishes, and a small restroom. Washington Heights then seemed a lot rougher, the people there were working class and were still following stay at home orders. I believe some may have started to receive their unemployment pay but there was a transition period where there were long lines at food banks and some people resorted to begging on the street. There were a lot of mostly young people who hung out on the street corner playing loud rap music or Latin music like merengue and Reggaeton, and there was the smell of people smoking pot in the streets. During the late afternoon there would be the banging of pots and pans outside the windows with some people yelling and cheering showing support for nurses and doctors like I heard in Woodside, Queens. Everybody in New York was doing it, banging their pots in pans during the

afternoon, there was camaraderie in trying to defeat the virus. The Airbnb in Washington Heights was basement level revamped for tourist like a hostel and some of the other people there were regulars who decided to stay long term because of the pandemic. I tried to settle in my room since I booked a month's stay and after some days went by the electronic harassment picked up again coming from upstairs. The room had two small mattresses with an Ikea bed frame, I slept with the mattresses propped over part of the bed with my body laying on the bed frame underneath hoping my weight wouldn't break or bend the frame. I woke up a bit sore with a bit of numbness to my arm from sleeping on the metal bed frame, but propping the small mattresses over my head did offer some shielding. I noticed when I was being electronic harassed in room rentals a big bag of laundry clothes acted like absorption or what is called passive shielding, and the mattress offered a little bit of a barrier too but of course it could be dangerous if the propped up mattress fell on top of me when sleeping underneath. As I stayed longer the perps made adjustments and the electronic harassment got stronger. In the room there was books for tourist, one was entitled Irish Fairy Tales & Folk Lore, it reminded me of my UFO research days looking for UFO books at the public library, it was a tedious process to gather UFO

information from various sources like the UFO encyclopedia or UFO reports from various web sites and then putting them on an HTML page that were hyperlinked with other HTML web pages under different categories, often one UFO report had similarities to another UFO sighting but doing open source research (OSINT) only made me a target of electronic harassment. I did not know the Pentagon was also looking into UFOs or what they term UAP. I remember being at the Brooklyn Public library compiling UFO information from books thinking how tedious the process was and a voice inside me told me to run, go back to Texas and forget UFOs. Looking back I should have listened to my intuition because the goons electronic harassing me were relentless and wouldn't leave me alone. Was a danger to national security or just a vulnerable target? I thought it was overbearing because anyone could see the same research I was seeing since it was from public sources. My Dad's ideas were from an eccentric and he did not have sophisticated laboratory equipment - more like junk from salvage yard. While at the Airbnb at Washington Heights and feeling the effects of the pain ray where I heard footsteps and someone bouncing a ball above my head from the floor above in order to taunt me, I went outside the back, the window on the floor above was too high to look into but I did see

the maroon colored red curtain that always seemed to appear in a perps window. Going to and back from work I would pass a mortuary in Washington Heights with a refrigerated truck outside for coronavirus victims, there would always be some family members standing out front. The only thing open at night when I walked to the subway train station were bodegas, the grocery store in the morning always had a line with people wearing mask and tape marks on the ground where customers should stand for social distancing. I would always try to go to the grocery store when it was early in the morning after getting off work when there was the least amount of traffic. After my close scrape with death when contracting the coronavirus and barely having the strength to fight it off, I decided to change my diet. I started drinking condensed milk that had vitamin D3 and also eating canned pineapple in natural fruit juice that contained Vitamin C.

My month was up at the Washington Heights Airbnb where I stayed the longest and it was like being electronic harassed if I payed for a room rental. It was time to find another AirBnb and I found a cheap room on the last stop of the L line in Canarsie, Brooklyn. The L-line went from Manhattan through Williamsburg, Brooklyn and was known to be filled with gentrified hipsters but as the

coronavirus shut everything down there were less hipsters on the subway, many were young professionals and went back home to Ohio or wherever they were raised, and the L train continued to the last stop in Brooklyn where there were less New York transplants or hipsters and more black people. The area I was staying at, the last stop on the L subway line was mostly black and Jamaican. There were mom and pop stores, a local grocery store, a Popeyes Chicken, a Dollar Store, a pizza by the slice place etc. I found the building I was staying in, it was a brownstone type building not too far away from the subway train station. I met the host a Jamaican man, at the front with alley cats hanging around the front door, he gave me a key and my room would be on the bottom floor near the building entrance. There was a big bed with covers and it kind of smelled dirty, also the smell of pot. I checked for bed bugs, then put a mylar blanket over the top of the bed and was tired and went to sleep laying on top of the mylar. It didn't seem long, I forget if it was that same day or the following day but there was the stomping above my head pacing my position and the sensation of the pain ray. My head was being targeted and I could even feel my hair move around as the beam was inflicting pain. At this point I was mad and was tempted to go upstairs to confront the perp and as I opened the door I heard the Airbnb host, a Jamaican

man speaking to the person above me saying, "that's wrong man, what you are doing is wrong." After hearing that I reconsidered going upstairs to confront the perp remembering my past experiences of seeing the perps carrying heat or a gun on them like the harassment was a provocation and they wanted to shoot me claiming self defense. I decided to leave early and just go to another Airbnb. I stayed at another Airbnb this time in Manhattan in what is known as Little India, I would sometimes go there for Indian food, the host was not able to meet me and I got the key out of a lock box located near the street. Many of the tenants in the building were Muslim and to my surprise there was no electronic harassment or the bumping around of equipment pacing my position from another floor, although towards the end of my stay I experienced some sinus discomfort like having bad allergies. I theorized that it may have had to do with the area that had a lot of Muslims not willing to cooperate with the FBI who already had a bit of a reputation in New York for profiling Muslims after 9-11. There was some controversy after 9-11 where Muslims were being stalked and profiled by the authorities. One such example involved a former CIA official named Lawrence 'Larry' Sanchez who was working with the NYPD following Muslims around New York. After the story was exposed that the NYPD was profiling Muslims Larry Sanchez left the

NYPD and got into privatized intelligence (PIA) helping the UAE form its intelligence operations. It described in a news article that Larry Sanchez would go on 'rabbit runs' chasing a role player or a human target. Now a rabbit being followed and electronic harassed everywhere I tried to go including Airbnb's. Profiling and stalking Muslim's was so 2003. It was now the year 2020 and Uncle Sam was paranoid over UFOs or the lone wolf it seemed. Anyone was game, as long as you were viewed as a threat and vulnerable for targeting.

Workplace Electronic Harassment at 4 Word Trade Center

I would find myself too tired at work and dozing off or having to take a power nap on my lunch break. At work I would try to sleep on my lunch break or go off somewhere and to take a power nap when the break relief left around 3:00 or 4:00 AM. It was a challenge because I also received electronic harassment at work and there also the risk of getting caught sleeping on the job. I would go into an empty conference room and sleep near the window or sitting up in an office chair and set the alarm on my phone. I was careful to leave no trace when I left. I would also try taking a nap in the IDF closet, which was a cooled room that had computer server

equipment. I made an interesting observation at work by doing this. The electronic harassment would vary by location, once I heard someone bumping around like 4 World Trade Center, a newer building, had secret compartments. Once while playing a song on one for the floors sitting back in an office chair I heard a voice mocking the song vocals that was kind of muffled like it was someone behind a wall like coming from a secret compartment. There would also be a type of harassment similar to what other TI's describe with V2K or voice-to-skull that when I started nodding off I would hear this brief loud sound inside my head that jolted me from my sleep. The loud noise was like a person's voice. The technology used to do this could be similar to a beam of ultrasound also called directional sound or it could be the microwave auditory effect (MAE). As described in my last book when the electronic harassment was intense sometimes I could hear tones inside my head like the tones used in hearing test but I could tell it wasn't the sound around me. Voice-to-skull was experimented with by the Army so was a weapon named the Voice of God. The V2K project using microwaves or the "Frey effect" was canceled by the military but the modus operandi of the government is to continue to develop the capability through some other avenue whether contracted out or a change in name, kept classified etc. I

noticed at work before being hit with the pain ray I could hear these little ticking noises in my right ear that are barely discernible but loud enough to detect. It was always followed by a directed energy attack where I could feel pain. I speculate what I was detecting was a byproduct of the electronic warfare equipment being used, like honing in or locking in on a targeted before using the pain ray or the little tick sounds could have been actual directed energy pulses i.e. pulsed microwaves and then feeling the effects of the directed energy seconds later. I tend now to believe the latter since detecting these pulses in my car living in Los Angeles that closely follows by the sensation of pain. It's important to note pulsed microwaves was also speculated in news of the Havana Syndrome. There was not only electronic harassment in the workplace but as described in my previous book I was ostracized and could tell my name was put in a bad light. The day shift security guard supervisor who was later fired after an altercation with the evening supervisor and an employee who later quit after getting a job somewhere else implied I was "anti-social" and that this was coming from the client. i.e. The Port Authority. He also once told me "I was over my head" implying I was being monitored by big brother. The break relief told me that Luigi the Port Authority security manager gets a web history report

on what web sites we visit on the company computers. I believe this carried over from the previous Port Authority security manager named John Meyer who retired and Luigi took over at 4 World Trade from overseeing security at Laguardia Airport. I would browse the internet to pass the time and the break relief guard once implied I could be a malicious hacker when I offered to fill out a form on the internet for him. I posted something online about news of the Fort Lauderdale airport shooting that involved a vet that described hearing voices or V2K like his head was being messed around with, Luigi came in the following night during an inspection and asked me about the Fort Lauderdale airport shooter like he saw what I wrote online. Another former employee who was also a contortionist at Coney Island during the amusement park season said shade was being thrown in my direction, like there was slander or bad stuff being said about me. This was when the Port Authority headquarters was at 225 Park Avenue South near Union Square and then moved to 4 World Trade Center when the skyscraper was completed. The security supervisor at 4 World Trade who said I was anti-social probably didn't know the difference between 'asocial' and 'antisocial behavior' since I may not have been socially outgoing but I also didn't have a criminal history. It wouldn't surprise me if neither did the Port Authority

since I observed a lot of government people were not that academic. This was not to imply that I was more of an intellectual knowing how to speak in complex vocabulary but I could easily see how people in a culture of bureaucracy could make a mountain out of molehill. Sure I may have been an internet troll 'provocative online' for kicks or delved into conspiratorial subject matters like UFOs or argued online with UFO Debunkers who did not believe in a cover-up but I got the impression I was being made out to be a worse person than I really was. The lack of due process very much points to the FBI or DoJ, now called the 'weaponized DoJ.' The motivation I believe was to justify counterterrorism spending looking for malicious actors, insider threats, or to turn me into a 'lone actor' like Aaron Alexis, the Navy Yard Shooter, if I reacted to the electronic harassment in a violent manner. They probably banked on it with their psychological behavioral analysis, lone wolf statistics, predictive policing data analytics thinking I would snap or have a psychological break at any moment. The desperation on their part was to the point of targeting my poor elderly mother thinking I would try to get even by becoming violent in the workplace. At the time I wasn't educated on terrorist watch-listing and how it worked even though I suspected the FBI, I even overheard the FBI mentioned by tenants in

the building I was renting a room, but I knew that there was a government element behind my electronic harassment, black bags etc. because I was targeted in a government building and I could tell someone was throwing their weight around to get inside a neighbor's apartment. I was suspicious enough that while doing security for the Port Authority I went to the One Police Plaza in Lower Manhattan to see if I had a false criminal record. My record turned back clean, I had no criminal history but it wouldn't say if I was watch-listed or what I know now as a "non-investigative subject" - someone who is on the terrorist watch-list but not to the extreme of being put in the No-Fly List. During the coronavirus my employer was Summit Security and the manager was a former cop who looked and acted like Sergeant Schultz from the old TV show *Hogan's Heroes*. He was something out of the movie *Paul Bart: Mall Cop* spending his vacation time in Las Vegas and got what is called gastric stapling (restrictive) surgery or his stomach stapled to not gain weight instead of dieting and eating right, he was also a chain smoker that would come in during an inspection smelling like cigarettes. Over time he became more unfriendly and off-putting and told me I could just leave when I asked about giving notice because I planned to move. He would also send E-mail memos of news events to the Port Authority

security brass that none of the security officers took very seriously, one was about First Amendment Auditors who were less-government types that provoke police by filming their encounters with cops and posting the video online. The Port Authority where I worked also had their own security management that came in during the day and the security manager implied that I was a slob, and would make picky complaints like me using the PA employee pantry microwave during the night shift or me changing my shirt away from the security locker room because I found it to be cramped and stuffy. The security managers at the Port Authority were always condescending and paranoid that the security staff would embarrass them. One assistant manager named Walter came in early in the morning and yelled at me exclaiming, "Hey!...Hey! while standing far away like he was afraid to approach me and then said "I'm talking to you! You're patrolling in the dark, don't walk in the dark." When I first heard him it was unclear what he was yelling about since he was standing so far away not wanting to approach me like I was deemed dangerous but it makes sense if I was terrorist watch listed. Walter seemed friendly to the electrician contractor named Anthony and a slimy contractor named Ronnie who worked on the video monitoring systems, like there was camaraderie and cronyism between the

contractors and management. They would all get really loud laughing in an adjacent room the electrician used but seemed to think lower of security like we were beneath them. It was my observation that government people who work in a stink house (government building) operate on a hierarchy and I'm sure this is true in many office spaces. The executive floor is nicer where even the secretaries have a sense of entitlement and the people beneath them on other floors like procurement, HR, etc. have less nice office spaces or cubicles, where I would smell office B.O., the restrooms that weren't on the executive floor also smelled. The higher ups would get the VIP treatment when it came to building access. Once while patrolling the elevator opened on the executive floor, it was early, and the executive director named Patrick Foye, who I read was a big proponent of technology innovation, was there alone staring at me looking frightened, he probably thought because of the electronic harassment I was going to do something to him. Before I quit he went to head the MTA and has since left that position because he was one of Andrew Cuomo's cronies. I remember Patrick Foye along with the Port Authority Police, security management, and possibly Federal people would have an active shooter drill on a Friday night where there was a "role player" or SRP, what's called surveillance role player

pretending to be a active shooter on the executive floor. What was interesting during this drill I noticed the electronic harassment stopped, after everyone left during the early AM hours it would start up again. The Port Authority at the time or a little before the coronavirus started putting up all these creepy alarmist cartoon posters around the floors, in the pantry area, warning of threats like preventing 'malicious actors' from accessing your computer. We would also get bulletins about people of interest seen around the World Trade Center buildings, I don't know where these bulletins were coming from, perhaps a Fusion Center, there would be a photo from a surveillance camera showing a man walking down the street with sun glasses on and a trench coat but no additional details or a person that looked like a 9-11 Truther conspiracy theorist. I found some of these suspicious people photos a bit humorous. Toward my last days working there there were these bulletins about all the various protest that were occurring around the city that summer. I believe was a fallout from coronavirus isolation or people told to stay a home for the longest time.

A Test Run Move To Los Angeles

In the late spring or early Summer as it started to get hot outside I decided to take

some vacation time before quitting my job and flew to Los Angeles from New York. Why let vacation time go to waste I thought? I booked an Airbnb in Azusa, California which was near a Walmart in Duarte, California. My Mom was in a retirement home in Pasadena and when I would visit I thought that area north of Los Angeles was safer, sometimes sleeping in my rental car at the Walmart parking lot where there were other people sleeping in their car or RV. After landing at the airport and picking up my rental car, I drove to the Airbnb and met the host who was an Asian man that rented out small closet sized rooms in a house and told me I could not use the kitchen, also gave specific parking instructions that I did not pay attention to and my rental car got a parking ticket because I parked in the opposite direction of other cars. I guess I'd been riding subway trains for too long in New York that I forgot basic traffic etiquette. I didn't like the place and the host who was picky, my stay wasn't long anyway since I couldn't book the entire week, so I found another Airbnb near Central Los Angeles or closer to East LA. It was a huge older stick building where they rented out rooms like a hotel. It was a mostly Latino or Mexican American neighborhood. There were street taco's during the evening and it was the type of urban neighborhood I was accustomed to living in in New York. While there I wondered

if Los Angeles had the same ghost rentals like in New York where a family rents out a room at a weekly rate and I pay in cash. I saw hostels for tourist and an ad for a boarding house in South Central Los Angeles. After checking into my Airbnb I went to check out the boarding house, my Mom went along with me, I drove to Pasadena to pick her up. After driving south of downtown Los Angeles and going through many stop lights we finally arrived at the boarding house that was near a laundromat and I met the person who ran the place, he was a young African American who had a street vibe with gold teeth and a chain necklace, he had a drawl similar to how African Americans would talk in Texas. He showed us around and the place was kept clean. I would have to share a bunk bed with other people who were all black, he said one guy just got out of prison, one was a recovering alcoholic, and smoking weed there was the norm. In the living room they had a big screen TV and a video game system set up, he then showed us the kitchen where there was a list of chores posted and assigned to each person, my Mom seemed impressed. I thanked him for showing us the place and tried making small talk telling him about myself, I was coming from New York, originally from Texas and I pressed the wrong button by mentioning race. I said I was looking for room rentals like the type I could find in Washington Heights, New York

that had a large Dominican population. He abruptly said people in Los Angeles don't care about race, I knew that wasn't true from a prior experience visiting Los Angeles going to a Taco Stand in central Los Angeles with my Mom and autistic sister and knowing it was a mistake after getting some not so welcome glances. Los Angeles also had a reputation for gangs. We left the boarding house and after a day or so I sent a follow up E-mail seeing that it was the most affordable place, even though I was apprehensive sleeping on a bunk bed around felons, weed smokers, and drunks, maybe even sexual predators and being the only white guy there but I never got a response. I knew if I was going to move to Los Angeles I would have to change the way I approached living on the cheap since it was not like living in New York.

Qualifying To Work Security in Los Angeles

A year prior while visiting LA, I took a two day course to get my California security guard license. It was similar to getting a security guard license in New York, mostly watching videos and taking a test earning certificates and also what is called a live scan by taking finger prints and passing a background check. I was curious if something would show up on my live-scan

but it was similar to when I went to the police station in New York to see if I had a criminal record, the results came back that I had a clean record. Getting a gun license to become an armed guard which required more training, I decided to just qualify to be an unarmed guard for now not having to deal with a gun. Maybe I should have tried to qualify because since then I have learned a person on the terrorist watch-list may be prohibited from buying a gun. The security training place was in South Central Los Angeles or what some would consider the hood. The instructor who was black was trying to get people in the area to sign up for his financial literacy course and asked me if I wanted to take the course too, I said I was just there to qualify as a security guard. I mentioned I started to get into brokerage free trading, like buying stocks using an App, and came across as a white snob like I was talking down to him judging by his reaction but I was just trying to make small talk on finances. Social skills for me like small talk has always been a challenge due to my introvert nature coupled with a negative disposition like having a sad facial expression when I feel fine. I knew my targeting coincided with my UFO research but other factors like how I was perceived on the internet and in real life probably may have also played a role in getting me put on a watch-list or a target of by a government

agent thinking I would become violent and could be turned into a terrorist. i.e. The FBI has been criticized as going to the lengths of manufacturing the very terrorist posts it bust using hapless losers who talk a big game. The FBI has its Behavior Analysis Unit that psychologically profiles criminals and people that they consider terrorist like a lone wolf which Homeland Security has stated is the number one terrorist threat even through mortality statistics doesn't support that people are in danger of dying from terrorist attacks. According to death statistics it's something rare, even more rare than being struck by lightning. I applied at a warehouse in South Central Los Angeles that had a 'now hiring' sign out front since I was in the area and also applied for a security job that needed security guards and was having a hiring event. I went to the security place that had open interviews and it was one of the big nation wide security companies named Allied Universal, formerly Allied Barton. I was put in a room with other applicants watching videos with a multiple choice test that was taken on a computers afterward, a big black woman interviewing me said I would be working at a shopping mall and could start off doing the swing shift. It would be similar to the work I was doing in New York where there was a command post working with a team of security guards and a shift supervisor. I agreed but wasn't really

enthusiastic about the nature of the job knowing that I would be running around a shopping mall. The HR woman said they would take care of my security certification for California and gave me a link to a web site where I could take the courses on my laptop. I told her that I took the same courses a year prior while visiting LA and she insisted that I do it over again, Allied Universal would pay for it. I went back to my Airbnb rental and after a nap spent the night doing the courses online to become certified. I experienced electronic harassment that night and the following morning I went to my rental car and could tell someone went through my belongings, there was black bag activity, I could see by shaking a shirt in the trunk of the car that itching powder was put in my clothes, I could see little white hair fibers floating in the air just like the itching powder put in my uniform at work in New York and my clothes when I rented a room. I started to have second thoughts about taking the shopping mall security job and went back the security office where a schedule was going to be given out and informed the HR woman that I didn't want the job working at a shopping mall and I was returning back to New York. She wasn't pleased and said I should have told her that when she offered me the job and I would never be able to work for Allied Universal again. I could understand her displeasure, the company spent time and

money on the training, certification, and orientation process but I couldn't help thinking of the time several years back I took some vacation from my job in New York and was thinking of moving back to Texas where I got a job moving medical equipment through a temp employment agency and my feet were targeted with directed energy the night before to make my feet feel sore and it was unbearable to walk the following morning, this sort of electronic harassment happened to my Mom as well where her feet were targeted in her retirement home forcing her to use a walker. I doubt I would have been left alone if I became a security guard at a shopping mall walking around everywhere, the FBI or Joint Terrorism Task Force, whoever was responsible for my targeting would have gotten to the employer if not already.

The COVID-19 Summer of Civil Unrest

I returned from vacation from California to New York. I got a phone call after landing, the warehouse I applied to in Los Angeles said I got the job but I informed them I had already returned to New York. It was now summer and I started to see civil unrest. The population became very polarized like people were manipulated with viral news stories and algorithms, computational propaganda on

social media to become pitted against each other after being cooped up at home during the coronavirus. Younger people were not going to stay at home and weren't going to school. There was looting happening in cities across the US including on 5th Avenue in Manhattan. Retail stores in New York like in other cities were starting to close and board up their windows. I would try to gig work delivering food during my days off on my bicycle and encountered more stores that were closed because of the looting, it was effecting my bottom line, it meant less deliveries, showing up for an order only for the store to be closed. I was staying at an Airbnb in Queens and heard a commotion outside. There was a small group of Black Lives Matter protesters marching down the street, some on bicycles, I went to side of the street and stared at them like it was a parade. I thought those were the jerks responsible for stores closing and being boarded up, so I taunted them yelling, "All lives matter!" Messing up their protest chant. Then two of the young men on bicycles started to come after me calling me a racist white expletive but I stood up against them and said, "are you going to start getting violent like all the looters in the news?!" they responded with some choice words before rejoining the small crowd marching down the street. I knew if the protesters marching was larger I could have been attacked by an

angry mob. The protest inspired me to get back into targeted individual activism. I decided I was going to take a day off or two and stage my own protest in Washington D.C. like a targeted individual protest I went to in 2015. I tried promoting it on Facebook to targeted individual groups but by this time Facebook had a lot of sock puppets and fringe content in the targeted individual feed. My post about the planned protest received very little likes and a few snarky remarks with some people claiming they would be there.

TI's Marginalized; Controlled Opposition Types In The TI Community

Following my attempts to protest in 2015 to 2017 there were targeted individual protest that were a little more organized by small TI organizations or support groups where a handful of people held "organized stalking" banners in various US cities. The larger gatherings consisting of a group of people who were concentrated in cities like Chicago or Sacramento. When I first started protesting the talk by TI's was Aaron Alexis or Myron May, these later protest had banners mentioning the Havana Syndrome. The protest attempts were called 'Targeted Individual Day' or 'Targeted Individual Spring Day Rally' that were supposed to be annual

events. The largest TI gathering I attended in 2017 was in Boston called the Unity and Hope Conference where I got the impression some of the people speaking or giving a powerpoint presentation were really just perps or controlled opposition types. It was later revealed that some of these TI personalities posing as TI advocates had fake names or used a pseudonym. Fake online social media accounts by police are called alias identities. When I was at Unity and Hope in Boston there was one young man yelling and screaming about the Masons like he was an agent provocateur. Around that time one-off articles started to appear in major publications like the New York Times, WIRED that were dismissive of targeted individuals as a delusion that still rank high on Google searches and there were many attempts to debunk the Havana Syndrome by various news sources. To this day the US Government has a “play dumb” approach about the Havana Syndrome even changing the name using the euphemism “anomalous health incidents” with no mention of targeted individuals. Media organizations never mentioned the Assault Intervention Device (AID) that the National Institute of Justice was testing but only the possibility of RF or a microwave weapons or “pulsed microwave attacks” were the culprit in the Havana Syndrome. I’ve speculated that the Havana Syndrome could have been tit-for-tat

behavior since DEWs are being proliferated and other countries or spy's can see what the USA is doing. A Pentagon document states that what it terms, directed energy intermediate force capabilities (DE IFC), is to influence a battlefield using directed energy to have a favorable outcome without the use of lethal force. You have to consider the nature of war has changed. There's irregular warfare, asymmetrical warfare, hybrid warfare. Terms that can be confused or intermingled but everyone knows what a mercenary is. An attack where it's hard to prove who's behind it like in the Havana Syndrome where there's lots of speculation. It's interesting to point out that there were targeted individual protest attempts in other countries like Japan, the UK, South Korea, and Poland on targeted individual day. Banners that stated V2K and directed energy. The coronavirus put a hamper on TI protest but I made one more attempt in 2020. It's also interesting to note that after the controversy over Blackwater Erik Prince tried to expand to Asia or was that Peter Thiel with Palantir? I believe Peter Thiel wanted to destroy the lives of Anonymous hacktivist when the hacker group Anonymous was in the news according to journalist Barret Brown under the name "Team Themis." Or the scandal involving Palatir working with ICE using Amazon cloud to help track down migrants. Peter Thiel is also

quoted saying Palantir helps the government keep tabs on so called dissidents or Palantir is used by law enforcement that has been criticized for racial profiling in predictive policing. Then there was news of the private spook world like NSO, Black Cube used by Harvey Weinstein and people forget the scandal involving Cambridge Analytica helping Donald Trump get elected manipulating Facebook. I discovered from researching private intelligence or the acronym PIAs that Leidos was tasked with tacking terrorist overseas for drone strikes that killed innocent civilians. Some of these spoke contractors where the Federal government is their main client are traded on the stock market. I recall a professor in college when I got my associates degree at BMCC point out the dangers of Neo-liberalism. The once government sector is now privatized and built profit like a coporation. Surely there is a correlation with people being targeted not just in our country but overseas but why can't the media see the connection with targeted individuals (TI's) instead of tin foil hat articles or silly stories depicting people being gang stalked? The ACLU raised concerns about Raytheon's Assault Intervention Device (AID) back in 2010 that was being tested on prisoners at the Pitchess Detention Center in Castaic, California yet there was no mention of Raytheon's tech when mentioning the

possibility of microwave attacks in the Havana Syndrome. Yet during the Trump administration Active Denial reared its ugly head again when there was the suggestion for it to be used against BLM protesters in Washington D.C. or to protect the border wall. This notion was of course quickly shot down showing the controversy around directed energy or “ray guns” used against people. There’s also Terrorist Watch-Listing that lacks due process. Watch-listing as the name implies deals with targeting. Both foreign and domestic people against their knowing are but on watch-list. Some articles even claim the Joint Terrorism Task Force (JTTF) is involved in harassment campaigns. Some TI’s believe community policing or InfraGuard is involved in their targeting which is a partnership between the FBI and the private sector. The Brennan Center of Justice who have raised concerns about Fusion Centers have articles stating that Fusion Centers no longer monitor just suspected terrorist but have since expanded to include criminal behavior and who knows who else like memos I saw while working as a security guard at the Port Authority of New York and New Jersey tracking the various protest happening around the city. Yet the media has been silent in regards to targeted individuals as if it was a passing internet fad. Perhaps the public is to blame for a lack of push back after 9-11. There has been some

protest over the Joint Terrorism Task Force (JTTF) in cities like Portland and San Francisco and a push for transparency in regards to police surveillance technology like the POST Act passed by New York City Hall but I can attest that the targeting has only gotten worse and unfortunately protest efforts have not been effective, largely ignored by the decline of what is termed America's Fifth Estate, the mainstream media.

2020 - My Lone Protest In Washington, D.C. An Exercise In Futility

I went to Washington D.C. starting on my day off from work by Amtrak train from Penn Station in Manhattan. I had printed out targeted individual and directed energy protest papers and put them in my folder inside my shoulder bag. I was going to place the protest papers around Washington D.C. I booked a hotel in Washington D.C. and was planning to stay there only one night. The train was mostly empty with only commuters to Washington D.C. at some of the stops, I also observed some young gentrified BLM protesters, of course the restroom in the train was dirty and disgusting, with chewed gum pressed on the wall and inside the toilet. Staring out the window I looked at the scary post-Industrial landscape with the

occasional graffiti and the 'Philly-Style' townhomes in low income neighborhoods. The train finally pulled into Washington's Union Station, it was nighttime and I decided that instead of an Uber I was going to walk from the train station to the hotel that was in Downtown Washington D.C. I made my way out of the train station with a few young people who looked like gentrified protesters, one of them gave me a mean stare as we were exiting the train station, probably thinking I was an undercover cop because of my buzz cut hair or a white supremacist, and as we exited the building there was the sound of BLM protesters yelling in the distance, this was a reaction to the controversial George Floyd killing. A loud police helicopter could be heard circling overhead shining a spotlight down to the street. I looked at a route to get to the hotel on my iPhone and started walking that direction but the street was barricaded by cops, so I started walking another direction holding a grocery carry bag for my clothes and a shoulder bag with my laptop down a dark street and then reconsidered, instead I got an Uber ride using my iPhone. The driver eventually pulled up in front of the train station and was a local unfazed by the protest, the helicopter, and the sound of a loud speaker outside. We made small talk, he had to take another route because of police barricades. Ten minutes later the Uber car

dropped me off at the hotel and everything downtown was closed with some workers boarding up businesses. The hotel front entrance was also boarded up but there was a door to get in on the side. I checked in and went to my hotel room. I was glad I had water and food in my carry-bag because everything was closed at night. I watched the local TV news before turning in. The next day during the morning I walked around downtown Washington D.C. to see what was open. I found a drugstore and bought some poster board and markers along with Scotch tape. My plan was to protest again in front of the White House and use the backdrop as a photo op holding up a directed energy abuse sign. I walked toward the White House but because of a planned BLM protest the entire perimeter of the White House was closed off with barricades and police standing guard. Later after I left Washington a large fence would go up surrounding the White House. I had to have a change of plans, I would try protesting at the US Capital, this was way before the much politicized January Six riots following the Presidential election. Instead of just relying on social media, I decided to print some flyers about the protest I would try to stage at the capital building.

First I went to scope out the capital to make sure it was accessible and took Washington D.C.'s subway called the Metro to the

Capital. The Metro wasn't like the subway in New York, it was a bit different, I learned how to buy a ticket and get on the Metro toward the Capital by reading the DC Metro System map posted on the wall. I exited the Metro and walked toward the Capital Building, it was sunny and hot, I walked around the Capital Building and there was a park with grass and trees right next to it. I decided to do a short mock protest to see if anything would happen or if the authorities would give me trouble. I made a sign about directed energy attacks using the markers and one of the poster boards I purchased and walked toward the Capital Building steps. Some Capital Police standing up the steps near a door kind of stared at me but said nothing. I said something about directed energy and targeted individuals while holding the sign I made and filming it on my laptop walking back and forth in front of the capital steps and decided to stop and leave. People viewing on the internet would have the impression I was there all day in front of the capital protesting. There were a few visitors or tourist who looked at me as I gathered my poster board and stuff I was carrying and then I left the Capital Building looking for a printing place nearby using my iPhone. There was one that didn't seem that far away but it turned out to be a long walk. I passed by a house that looked like it was the headquarters of a long time anti-war

organization with an anti-war sign out front, I thought to myself they weren't very successful, maybe controlled opposition like those TI organizations who accomplish nothing, the war machine in America has been going strong for decades. My targeting was part of that endless war spending machine, The War on Terror that only made the country more terrible. The residential area I was walking through had the smell of flowers, I thought to myself Washington D.C. smells a lot better than New York, the politicians however stink. Finally I came to a shopping center and there were mostly locals, some glanced at my poster boards and probably assumed I was part of the BLM civil unrest. I went inside a copy center, and altered some of the print outs I already designed stating a targeted individual protest for tomorrow at the Capital Building. I printed out a bunch of papers and saw there was a DC Metro train entrance nearby and got on the Metro and exited near my hotel. I left some of the papers advertising my Capital Hill protest I planned for tomorrow on some of the train seats. As I exited the train station there were crowds of BLM protesters walking down the street going past my hotel, I decided instead of going back to my hotel I would blend in with the protest crowd and walk with them. Some of them gave me strange looks because I didn't look like a BLM protester or a hipster. I

noticed many of them traveled to Washington D.C. to be there for the protest and they were mostly gentrified or medium class young people. I saw many white girls with a cool black boyfriend like they were rebelling against their conservative white parents. I found the jungle fever to be somewhat humorous and got the impression the BLM protest were very mainstream and political, like there was George Soros type money behind it. I kept my distance from the protesters and noticed at street intersections all sorts of police, some looked like they were Federal police. I used Scotch tape to tape my directed energy protest papers to street post continuing to walk with the protest crowd who were chanting in the distance further up ahead, others were having casual conversations and just walking, they didn't seem to be that worked up. One man who was a local resident, stopped to read what I taped to a street post. I stopped walking with the protesters after several block thinking BLM was lame and walked back to my hotel. I walked into the hotel lobby and a goon looking man followed me with a somewhat alarmed and angry facial expression. The perps must have seen the papers I was taping on the street post. That night I got strong directed energy harassment with my tongue scratched up making it uncomfortable to eat. I used the hotel Wi-Fi to post some of my videos that I took in Washington D.C. to

Facebook and got a few positive responses with some saying they would come to the Capital to protest with me the following day.

The next day I went to the Capital. The previous day there was almost no one there but when I arrived there were lines of young BLM protesters walking all around the Capital Building, a large crowd had already gathered in front of the capital steps with a person talking on a loud speaker. I thought I couldn't have my protest there like I planned yesterday, it would just get drowned out by BLM people. So I walked back to the front of the Capital Building all sweaty holding my poster boards as BLM people walked past me, I displayed my poster board thinking the people on Facebook who said they would be there would show up but no one came, it was just me, the lone crazy looking protester. A young white kid stopped and asked about my posters, I told him about the targeting and directed energy and he said he thought it was just crazy talk, I asked him about why he was there and he said it wasn't really about race, he thought his generation was going to get screwed citing student loan debt, he had nothing to do because everything was shut down because of COVID-19, then he went to talk to a black lady who just pulled up in her car, she stared at my targeted individual signs and scoffed, he asked her why didn't she join the cause because she was black and

protest with BLM. She said she'll let the young kids do all the work it was too hot for her to go outside, they got to talking and she drove off and left, he returned and said she was talking about conspiracies like UFOs and aliens. I got the impression she could have been an informant because my electronic harassment was over UFOs, then I walked around the Capital Reflecting pool and thought I saw a targeted individual personality who claimed to be a NSA Whistle Blower named Karen Steward stare at me from a distance looking sad and then walk away but couldn't really tell if it was her or someone that looked like her. It was really hot outside, that day it got over 100 degrees or 37 degrees celsius and I had enough of the swamp, I threw my posters in a trash bin in front of the Capital and started to make my way back to the train station that was walking distance. I walked past an apartment with lots of local African American residents in what is considered "the hood" and they didn't seem to care about the BLM protest, it was life as usual with people sitting around outside, smoking weed, loud booming rap music played from cars, there was a woman with short shorts and a big booty walking in front of the apartment. I approached Union Station and there was a line of gay black male prostitutes standing in the front, a big black man wearing dress casual clothes crossed the street and approached the gay

john's to measure them up. I thought to myself are those gay male escorts for the Washington politicians who may be in the closet and there for all the rumored debauchery that occurs in Washington? I walked into Union Station looking for a cold beverage since I was hot and while heading toward the food court there was a pile of human excrement on the floor, I thought it seemed fitting for Washington D.C. where my time was wasted trying to protest and drowned out by BLM.

2020 - Active Denial Proposed to be Used Against Protesters and At The Border

Shortly after I left Washington D.C. in 2020 trying to protest directed energy there was the 2020 Directed Energy Summit hosted by defense contractor Booz Allen Hamilton. One of the speakers at the summit had the title "Intermediate Force Capabilities Office" and was a part of the Department of Defense Non-Lethal Weapons Program. As previously stated in this book it was disclosed that military police in Washington D.C. sought to use Raytheon's Active Denial System (ADS) and the sound cannon named LRAD (Long Range Acoustic Device) against BLM protesters or rioters to counter civil unrest at the same time I was there to protest my targeting and spread awareness about covert

directed energy attacks. The suggestion to use Active Denial against protesters may have been made by a Pentagon official. When I was walking around during the marches I saw all sorts of police and even people in military uniform. During the Trump presidency Active Denial was also proposed to be used at the wall on the border against illegals. LRAD has been used against protesters in the past but Active Denial has been deemed too controversial. In my last book I describe a security guard named Mohan who worked full time protecting Donald Trump's family that was moonlighting at my job before Trump ran for office. I got the impression Mohan was observing things. I knew my targeting and the covert use of directed energy against citizens was bi-partisan as my electronic harassment started during the Bush-Cheney era and did not go away during Trump's years, only news of the possible deployment of Active Denial against protesters or at the border.

2020. I Tried Finding Another Rental Room

I returned to work from Washington D.C. and didn't have time to check into an Airbnb. I tried sleeping on the Amtrak train during the ride back but was still totally plastered. The train briefly stopped because of a reported tornado in Maryland or Philly, I forget where

but the train started up again and I arrived with just enough time to rush off from Penn Station back to Lower Manhattan. I acted nonchalant swiping my worker ID at the turnstile in the lobby and proceeded up the elevator to the security command post and dressing room holding my carry bag and shoulder bag. I remember during that summer sometimes I would even come into work with my pushcart when I didn't have time to move to another Airbnb. I cleaned myself in the men's restroom after the cleaning staff had left and went home. I washed my hair in the sink, I washed my armpits using paper towels and water, and my crotch area over the toilet and cleaned the area afterwards using paper towels so there was no water on the floor or sink. I remember on the Fourth of July I stayed in a Jamaican area near East New York at an Airbnb and as I was going to work a lot of people from the hood were popping fireworks in every direction I turned with firework 'gun shot' type sounds and the sound of bottled rockets - it was a sight to behold. On the subway platform I noticed Crips gang graffiti. Staying at Airbnb's were taking its toll. I decided to look for another room rental in Washington Heights using a Latino 'rentan cuartos' room rental service that was advertised around the neighborhood and that I had used before. This time I had a harder time finding a room to rent. It had to do with

the coronavirus, the civil unrest, life was not yet returning to normal. There were many more people with nothing to do but just hang out in the streets because the government told non-essential workers to stay at home. I'm sure those renting out rooms looked at my slob appearance and thought I would be in the room all day running up the utilities like others being told to stay at home. The weekly price for rooms also became more expensive.

2020. Back on Edgecombe Avenue, Washington Heights

One single mid-aged woman had a spare room she was willing to rent out on Edgecombe Ave, just down the street where I rented a room for a long time at 393 Edgecombe Avenue before moving to Airbnb's. I agreed to pay more than what I used to pay for a room rental and to not use the kitchen. Not long after I moved in the electronic harassment started up with the stomping around above me. Shortly thereafter the woman who rented out the room went on a long vacation just like the woman down the street where I rented a room previously. She was like many people quarantined at home working from her bedroom and now was able to pack her stuff in a nice suitcase and go on a long vacation. I

tried my best to not be obvious about my shielding efforts using mylar blanket and this time I did not buy music equipment or accumulate a lot of junk. After she returned from vacation from the Dominican Republic I could tell my presence was less welcome and handing her the rent trying to stay positive was awkward. It didn't help that I was using sulfur soap that I purchased in Chinatown. Sulfur soap helped kill bacteria but it made the bathroom sink smell like rotten eggs. I guess it was like poetic justice seeing that she was payed off like the previous woman I rented a room from. Before moving from New York during the late Summer I called into a targeted individual meetup group that I discovered on meetup.com. During that time a UN hearing on cyber-torture was all the talk and the callers were conspiratorial, one caller with a rambunctious voice claimed to be gang stalked over computer hacking, another claimed to be a serial burglar who was tortured in prison from a directional sound device, he could see where it was placed on the ceiling. I told my story and agreed to meet one older woman in Brooklyn who claimed to be a former journalist, we talked at a park in Brooklyn and she thought kids kicking around a soccer ball in the grass were sent to stalk her. She then told me she thought she was being harassed with a sonic weapon but wouldn't elaborate why. We went to Coney Island because that's where I go

sometimes in the Summer during my days off because it is cooler by the ocean, she seemed lonely treating it like a date because many TI's become socially isolated. She kept getting paranoid of people that walked around us, including one woman digging in the trash wearing a red shirt, some TI's believe gang stalking is a color coordinated effort. I told her the story that when I worked at 225 Park Avenue South and Aaron Alexis the Navy Yard Shooter story broke I posted something about it online leaving comments to news articles implying the FBI was behind it since I was being targeted and I overheard some tenants out front say the FBI was in the building and as I was leaving work I saw a nerd looking guy behind the wheel of a car parked across the street staring at me and then driving directly at me when I was trying to cross the road and I stepped back at the last moment to avert being hit. After hearing the story she pointed out cars speeding by fast saying they were trying to run me over. When mentioning the Chertoff Group she told me about the book *Top Secret America: The Rise of the New American Security State* and the book *Spies For Hire: The Secret World of Intelligence Outsourcing* and then while leaving she became paranoid when purchasing a subway ticket for the trip back, we then parted ways. I noticed after calling into the TI support group I received strong electronic harassment, like there was a mole,

or the conference type calls were being monitored. The FBI is known to infiltrate groups, non-profits, activist, or any type of mobilization effort that may threaten powerful interest, government corruption, or the status quo.

Autumn 2020. Leaving New York and Moving to Los Angeles

One day at work we were informed that Summit Security, the private security company I worked for, was being acquired by Allied Universal, the same big security company that I almost got a job at when I took vacation time visiting California. The security guards downstairs in the lobby at 4 World Trade Center already worked for them, we had to submit our uniform sizes and prepare for the transition that would take place in about a month. I thought to myself now's the perfect time to quit and move to Los Angeles. I purchased a plane ticket in advanced that was going to be my day off from work. The plan was if I became unsure about the move I would just go back after a few days calling in sick like I was never gone. When I walked out of LAX Airport, like all people new to LA, I looked up and noticed the tall palm trees that are later ignored once you live in LA awhile. I was familiar enough with the airport visiting my Mom that I

walked from the terminal to a rental car place only I didn't rent a car in advance like a normally do. I waited in line to get a quote for a SUV or Van but decided I could get a cheaper rate somewhere else after comparing rental car places on my iPhone. I walked with the California sun shining in my face down the airport highway. Trying to stay in a rental van or SUV is something I tried before, once while taking a vacation to see my Mom in Pasadena and another time I tried renting a van instead of a hotel while visiting Dallas with mixed results. Then I wasn't accustomed to taking a dump in public restrooms so I went to Walmart and bought a bucket, trash bags, and paper towels, toilet paper and I remember I tried sitting down in the back of the SUV and pooped into the bucket. The van I tried renting in Dallas had different handling than an economy car that I would normal rent and I had to be careful going around corners while driving. I remember parking the van early in the AM hours at a hotel chain parking lot and tried bathing fast using a gallon jug of water hoping I wouldn't be noticed. I decided to get a SUV at the car rental place at LAX and I saw a taco truck, stopped and bought some tacos before leaving the airport. After leaving the Airport I stopped at a Walmart and bought a bucket, trash bags, a gallon of water, and toiletries preparing to live out of the rental vehicle until I found a used car. I

went to the Walmart parking lot in Duarte and during the early AM hours drove somewhere to poop in my bucket and wash myself off with a gallon jug of water. The first order of business was buying a used car since a rental car was expensive. I found someone selling lots of used cars on Craigslist, he was located in Tarzana. It wasn't a used car dealership but a man who fixed up used cars and sold them. He said he also came from New York, Queens and had been living in Northern Los Angeles for a long time fixing and selling cars. I agreed to buy an old Toyota passenger car that was priced cheap, although I was a bit apprehensive. I remembered buying an old Toyota Corolla when I tried moving back to Texas some years prior taking vacation time from my job in New York but the car was too old and had issues. Hopefully this used Toyota would serve me better. The used car salesman handled the registration and paperwork and I was on my way. It looked like I was staying in Los Angeles so I E-mailed my employer to notify them that I quit and told them to send the check to my mailbox in Pasadena.

Autumn 2020. The First Months in Los Angeles

My first months in Los Angeles were spent

getting situated, like getting a California driver's License, signing up for gig economy work, and applying to be a security guard. At first I tried working near downtown Los Angeles and Korea Town doing Uber Eats and Postmates. I drove my used Toyota car very slow with the hazard lights on trying to trick the App that I was on a bicycle since I wasn't qualified yet to use a car for making deliveries in California. I must have pooped in a bucket and bathed with a jug of water all over Los Angeles in secluded parking lots and alley ways, the back of a business at night, hoping I wouldn't get caught or be mistaken as a prowler, or even worse shot at from trespassing. I remember once I was so tired I almost fell asleep while driving and woke up at the last second avoiding an accident. I learned to not take any chances and pull over to rest when I got too tired to drive. This wasn't New York where I could doze off on the subway. I also got accustomed to sleeping in the car even though it made my legs cramped when I layed down in the back seat. I eventually got my California drivers license and had the foresight to get a mailbox when I had my trial run moving to LA while I was still living in New York to receive mail at a California address. I also got my LA security guard license. One day I answered a Craigslist Add, I was curious if I would encounter the same employment issues that I had in New York, so I decided to

respond to a hiring event thrown by a security company named Bronson. I arrived at a shopping center in Pasadena where there was a small canopy with chairs set up and I dressed up in some of my old corporate security clothes that I took with me from New York. Everyone that showed up was hired on the spot. They needed lots of security guards for Walmart, the HR person there from Bronson was a red headed man in his 30s that wore khaki pants, casual dress shoes, and a company shirt. He said we would be doing retail security standing by the door and it required little effort. A middle aged guy there with a large belly applying said, "Retail security? No thanks it's not for me." I knew what the guy meant when I tried working part time as a security guard at retail stores in New York. Lots of standing by the door trying to help loss prevention stop shop lifters and interacting with the public. The HR man replied, "Why? You don't like being around people?" Implying the man who didn't want to do retail security had something wrong with him like he was a lone wolf. Then as we were filling out paperwork the HR man walked off and started conversing with another Bronson security employee. They both started staring in my direction while talking. The HR man came back and talked about what post they had open, I said I would be interested in the rover position or driving the security vehicle but he

brushed off my request and seemed off-putting. I mentioned I was trying to get Wi-Fi on my laptop to fill out something on the company's web site and the HR person told the story of how one of his neighbors kept seeing "FBI Surveillance Van" as a Wi-Fi hotspot. The "FBI Surveillance Van" was something I would occasionally see pop up as one of the Wi-Fi hotspots while living in New York. I would always use a free hotspot like at the public library or a fast food chain and I would see it pop up. The "FBI Surveillance Van" was also mentioned by a targeted individual I met at a targeted individual protest called the Spring Day Rally at City Hall Park in New York, where a small group of people handed out "organized stalking" flyers. I was then given uniform that consisted of black Camo cargo pants and a shirt and told I needed to buy black combat boots to go with the security outfit. I was called to train at a Walmart grocery outlet in Van Nuys, California and on the way there I kept on getting annoying "status report" calls from a dispatcher while tryin to drive on the freeway. Once I arrived an employee in a company vehicle started to train me what to do which didn't turn out to be that simple, the way a security guard had to check in with both Walmart and calling the security company, and also using an App that was also used for incident reports seemed too overly complex like it came from bad management.

The job entailed more than just standing by the door but a lot of other stuff like I was a Walmart employee. I told the training person that I tried retail security before in New York helping loss prevention chase shoplifters and it wasn't for me. Then the training person sensing I was going to quit told me to sit in the company car with him, maybe his training was too much to take in at the moment. I told him I thought the store manager wanted a guard always by the door and the training guy said it was okay to leave the door and come with him. He then bragged about how much OT he makes driving all over the place because there are a lot of guards who just walk off and quit. I asked why was Bronson trying to hire a bunch of guards all at once and he mentioned an active shooter incident from some months back at a Walmart in California. When I returned from sitting in his car the Walmart grocery manager complained that I was away too long and I thought to myself was the training guy trying to set me up to get in trouble in order to save face since it looked like it wasn't working out? and then when the shift was over I didn't log out properly because it was confusing and received a call from the annoying dispatcher that I had to go back and log out correctly but the doors were already locked.

Late 2020. Directed Energy Attacks at a Empty Parking Lot

After that debacle at Walmart I didn't receive anymore hours from Bronson. I kept on just working for myself as an independent contractor doing gig work like delivering food until I saw an add on Craigslist that a small security guard company out of Long Beach was looking for guards to watch a vacant lot in Chatsworth, a suburb of Northern Los Angeles. I answered the add and they told me to show up at the lot and I got the job. Two men who were brothers ran the security company, the oldest brother was the company owner or what is called a PPO. I told them I just relocated to Los Angeles from New York and the owner said he was from there too and moved to LA a long time ago and now runs his own security company, he was also into boxing and that's what he does during his spare time. They gave me a company t-shirt and said I would be in the empty lot with another person and we would sit in our car and ward off any vagrants or trespassers. Someone bought the lot and they were in the process of doing construction there. The lot was surrounded by a gate and had the remnants of a loading dock, there was a pallet jack, and some old trash laying around that looked like it was brought in by the homeless in the area or vagrants. I was to watch the empty lot at night until a morning

person came in to relieve me. The little brother of the company was like the project manager. He was a twenty something looking guy who had log hair. His managing left a lot to be desired, there was no real schedule, I was just told what days to come in and sometimes no one would be there to relieve or there were too many people. There was no W-4 form, he said fill out a W-9 for independent contractors. When I got off work I started to stay at a Park & Ride parking lot in the area for people who commute by city bus and park their car. Like a Walmart parking lot sometimes there would be other people stealth camping or what is called "boondocking." The other security guard would park his car far away toward the back of the lot and when he was asleep I would go behind my car and bathe fast with a jug of water hoping he wouldn't notice. While staying at the Park & Ride parking lot during my downtime I tried to pass the time by filming a movie on my laptop, I called it Time Fixers, not knowing the artist Tenacious D had a movie by the same name, I thought since this was Hollywood maybe I should get into the spirit of making a low budget movie starring myself, I also filmed scenes inside the lot I was working at, it wasn't a very good movie just me walking around but it was something creative to do to pass the time. Then while staying at the Park & Ride parking lot trying to film scenes using the

laptop camera I felt directed energy attacks, this also started happening at work where I would park my car. The guy with the long hair who managed the security sight came by with our paychecks which was a relief, I was wondering if the security company was legit or if I would get paid, so was the other security guard. He looked at me with a smirk like he had heard something and said after this job there has another place he wanted to put me - it would be at a weed dispensary. I often give the impression due to my slacker appearance that I'm a weed smoker, but I never liked the smell of weed and never was into drugs or even alcohol. About two or three weeks after working watching the empty lot in Chatsworth I got a call from Bronson security, it was the guy who tried to train me to do security at Walmart, he seemed desperate like his job was on the line, he said he wanted me to report to a Walmart for a day's work, I told him I already got another security job and asked why would I just work one day a month? they just hired anyone on the spot and quiet fired the people they didn't like, I told him it was questionable hiring practices. About a year later I got a check in the mail for a small sum, it was from a discrimination lawsuit involving Bronson Security. The job at the lot from the security company run by the two brothers went on for a couple of months. I started to show up to work with no one there

to relieve from post like the job site wasn't being properly managed and then one day I got word the contract was terminated. Apparently the client or owner of the property saw that the lot was unattended and was not pleased.

Winter 2021. Directed Energy Attacks at a Weed Dispensary, Equipment Concealed Above Ceiling Like At Four World Trade

About a week passed and I got a call from the long haired security manager guy, he wanted me to go to a marijuana dispensary in San Bernardino that was about an hour's drive from Pasadena. He wanted to put me on the day shift thinking it would impress the client and said don't worry he would compensate me on gas for the long drive. I thought to myself maybe I should pass on his offer since the empty lot I watched wasn't well managed. I knew I'd always get burned by incompetent people whether it be bad management or screw up employees but I agreed to go and drove there the night before because I was supposed to show up during the morning shift. I arrived at San Bernardino and the area where the weed dispensary was located. It was a bit seedy with a budget hotel located across the street and a truck driver stop further down the street. I found a Walmart nearby that had

parking lot surveillance that became a good place to sleep, then I ventured out to the outskirts of San Bernardino and found a dark quiet road next to a field growing oranges where I took a dump in a bucket and washed myself outside all the while looking around in the dark to see if I was noticed. If only I knew about the paid showers at truck stops where you could book an appointment in advance but I wasn't very familiar with truck stops at the time and assumed the stereotype that they were diesel-oil-smelling-burly-men type places for only truckers. The next day I went to the job wearing old security guard pants and the security company t-shirt I was given. I met with the person who would train me, he was a younger man with an eye patch and would let out the occasional yelp, like he suffered from the affects of an accident or brain injury. He told me that the weed dispensary was still being set up and not fully opened yet, there were two dispensary employees that worked in the showroom getting everything ready, they would occasionally come to the front where security was and make small talk to the security guard with an eye patch but mostly ignored us. We were in the front entrance where there was a desk and a waiting room that had a leather couch, down the hallway was the restrooms and a glass window overlooking the showroom where there was legalized marijuana products. I sat in the waiting room

and I asked the security guard about the pay, if he made overtime and he said not really but was content on making a full time paycheck, that was enough to pay his rent living in an apartment in San Bernardino. He had a morbid fascination with horror movies and violent TV shows and would binge watch TV episodes on a TV that was in the waiting room area where I was seated at full blast. One was an animated cartoon that was constant sword battles like the Vikings with stabbings and gore, I finally had to ask him if he could turn it down because it was annoying. I noticed one of the weed dispensary employees had a tendency to complain if I stepped out for fresh air or my break was too long and it didn't help that the female partner he was with seemed to like me. I made disparaging remarks about the type of customers they would attract as drug addicts calling a dispensary a drug den. The owner of the dispensary showed up and kind of glanced at me with fascination like he was told something and wanted to see the progress, how things were going. I called the security manager that night explaining that I was not the right fit for the dispensary, I just got a bad vibe there. He insisted I stay and the next day I found out why. During the evening after work I tried passing the time doing gig work using my iPhone to try to see what it was like doing food deliveries in the area. I looked at apartment classified adds

and the rent in San Bernardino was cheaper, there were many warehouses and I remember seeing a scary flea market that reminded me of a third world country. Some parts of San Bernardino looked very barren and poor, then there were areas that had nicer neighborhoods like it was a tale of two cities. Los Angeles could be like that too where there were nice gated communities and areas that seemed run down with homeless people pushing shopping carts and scary gross apartments. I stopped at a grocery store on a lonely stretch of highway to get some food and during the overnight hours I saw a church and cemetery next to the freeway and stopped there to take a dump using a bucket in the cemetery, I also washed myself using a jug of water. The country I lived in no longer felt like a free country, I was getting electronic harassed living in a degenerate society, the people buried in the cemetery where I took a dump lived during better times. The next day was a bad one, I found out why the security manager dude insisted I work at the weed dispensary, I sat on the couch in the waiting room area and felt the strong sensation of directed energy "the pain ray" hitting me in the head causing a scolding or sharp stinging pain and it appeared the equipment was placed above the ceiling tiles making these audible 'ticks' while I was getting zapped. It was the same sound as when I worked as a

security guard in New York at 4 World Trade Center and 225 Park Avenue South where I got the impression directed energy equipment was placed above the ceiling tiles. The security guard with the eye patch sat at the table near the door staring at me with a smirk on his face like he knew what was going on. I told him I was going to stand outside the front door and keep watch, that was the only way I could escape the pain ray, then I took an extra long lunch break while also doing a food delivery that took longer than expected, the man at the weed dispensary complained, they thought I bailed and quit, probably from the electronic harassment. The next day I was replaced but wasn't told. When I showed up the next day I learned the news much to my relief. Weeks passed and I got a small check in the mail for a \$100 or \$200 with no compensation on gas.

Summer of 2021 - Directed Energy Attacks at a Budget Office Space, Equipment Concealed Above Ceiling

The following Summer I had a similar experience trying to rent my own office space and using public storage. I saw an add on Craigslist for a small office space going for \$500 a month in Canoga Park near the intersection of Sherman Way and De Soto Ave. It was close to some third-rate hotels

and an ugly community park. It was a two story building with an open space that could have been a hotel or apartment at one point with a big ugly banner advertising office space placed out front. I paid a deposit and the first month's rent, it came out to be one thousand dollars and it was kind of a rip off. It had the same hours of the public library and I found that I rarely had time to go there after driving around doing gig economy work at night and dozing off in my car during the morning rush. The plan was maybe I could go there to escape the summer heat, take a two or three hour nap, and sell stuff on Ebay, or maybe find freelance work online, do some DJ sets/ music streaming online. The man renting the small space was nice until he got my money. He was a slightly unhinged middle aged man with glasses and had an Asian American girlfriend or wife who looked like she suffered from low self-esteem. For the office space they just remodeled a large room and partitioned off areas using drywall to create small office spaces. The spaces had the feel of a cubicle even though the rooms were enclosed, it would be easy to hear the person in the space next to me. If I fell over I'd probably knock down one of the partitioned walls. They tried putting vents in the room for central air conditioning but it either got too hot or cold where the thermostat outside the room needed to be constantly adjusted. I even bought a small

printer and an office chair and after about a week I could feel the sensation of the pain ray with the familiar sound of tiny "ticks" coming from the ceiling as I was being zapped or electronic harassed. Like the weed dispensary in San Bernardino and my former security job at 4 World Trade Center in New York, it appeared the directed energy equipment was placed above the ceiling tile where it could be remotely controlled. On the weekend when very few people were there I stood on a office chair and tried to lift some of the ceiling tiles to see where the directed energy device was placed but I had a hard time having a look around standing on top of the chair, afraid someone would walk in. I decided to bail, I removed the printer and office supplies I purchased putting it by the dumpster outside and informed the Asian American woman who I saw that the office space wasn't working out and I was leaving and of course I wasn't given back my deposit. I knew they were approached by someone throwing their weight around or with money to put the directed energy equipment inside the office space above the ceiling tile and any accusations I made would be denied since it was hard to prove. Around that time I decided to get a public storage space. I found a place in Van Nuys near the 405 freeway. Public storage in Los Angeles was expensive but this place seemed affordable I guess because of the crummy looking area. I

bought a small lock for my little unit that was inside a big storage building that required an access code to enter. I put all my spare stuff that was taking up space in my car in there including spare clothes. After a few weeks I noticed there was black bag activity with itching powder put in the clothes. It was the same routine when I tried public storage in the South Bronx. I thereafter decided to cancel my public storage. I had mostly junk in there anyways, like some folk art I purchased from the street that I thought I could resell. I would have to learn to go minimal and just have basic items and not accumulate old clothes and junk that was better off being thrown out. Making do with less and throwing out stuff is something I had to learn and took a little discipline. I found out that the activity that was occurring in New York also continued in Los Angeles and this again pointed to Federal powers. i.e. the FBI, DoJ or Joint Terrorism Task Force or what is called a “disruption” by the FBI.

Job Screeners With Spook Connections Blackballing Watch-Listed Citizens

One day I decided to apply for another security job and drove to downtown Los Angeles for a job interview. I got an interesting reaction when they ran a background check, I believe it was through

one of the job screening services with government goon or spook connections like ClearForce that looks at more than a applicant's criminal record but could also see if someone was on the terrorist watch list or had a bad online reputation. The HR woman did a short interview like she saw something after the screening and said there was no need for further questions while turning me down for a job, I overheard another office person offering security guards overtime because they were shorthanded. In my last book I described a similar experience applying to a temporary employment agency in Dallas where I got the impression the HR person saw something after a background screening process. So far I found out moving to LA that the Feds will get to the employers if the employer doesn't use one of those thorough job screening services and you will be rejected because your name appears on the terrorist watch-list. My criminal record may be clear but there is something else they are seeing. During targeted individual protest efforts I noticed many other targeted individuals started reporting having trouble finding work. This certainly explains why - a person terrorist watch listed will have a hard time finding employment or be unable to achieve professional career advancement because they are being blackballed by the system. It very much resembles tactics the FBI used during COINTELPRO only this time

with a counterterrorism 'watch-listing' twist. These private intelligence companies like ClearForce or the Chertoff Group use professional jargon or 'weasel words' offering their services that amount to black listing. It all seems very communist and anti-democratic like China's 'social credit' system.

2019-2021. Dental Malpractice

While I was living in Washington Heights, New York just before moving to California I went to see a local dentist that catered to the low income residents in the area. I had dental insurance at my job that this dentist office would accept. One day I had pain to my tooth, I thought it was more of the electronic harassment since different parts of the body are targeted, but I finally decided to go have my teeth looked at. The dentist said I needed a root canal. The root canal required multiple appointments. On the second appointment I was in the waiting room before I would be called in and I saw the Dentist talking to someone on the phone all the while giving me a mean stare. He did the second part of the root canal and I heard him mumble "I can't do this" and naturally afterward I felt pain for while as the tooth healed but the tooth also felt weird. Once I moved to California I bit into a hard tortilla shell while I was driving and the tooth broke into pieces. I

went to a Dentist in Agoura Hills, I had dental insurance from Covered California but it wasn't enough when the dentist told me the tooth had to be removed and I needed a bridge. I had to pay thousands of dollars out of pocket and go through a bridge procedure. Before the bridge procedure the dentist in California said, "What happened? Why didn't he put a crown on your tooth?" like what the dentist in New York did to my tooth was unusual implying it was like a botched job. The tooth was removed and when the numbing effect wore off it was extremely painful. I spent the day with cotton in my mouth to stop the bleeding and spitting out saliva and blood. I went back so the dentist could see when the area of my tooth removal was fully healed for the bridge procedure. The dentist then started acting strange, I got the impression someone got to him like the other dentist in New York. I started to get nervous sensing the government goons got to the dentist, I thought not again. I told him the day of the bridge procedure that I felt fine having a missing tooth and I could live without a tooth and he became animated and said, you won't notice the bridge is even there! so being the nice person I am I agreed to have the bridge procedure. During the procedure I got the impression something odd was going on like he drilled something inside my tooth because afterwards I noticed during strong directed energy attacks I felt a

throbbing pain in the area. I became angered and said I was going to post a negative review online but the dentist pointed out I signed papers that if anything went wrong it would be mediated in arbitration. Overtime the Dentist was right about the bridge, it started to feel normal after some months and the impression that something was off could have been wrong because of my bad experience in New York but it wouldn't surprise me either if my gut feeling was right and there was an implant or tag inserted during the bridge procedure.

2019-2024. Targeted to the Stomach to Cause Incontinence

I started to become targeted in the stomach while living in New York and it continues to this day and has become more intense where I have to protect myself wearing shielding material. I believe the focus became the stomach region because of mild traumatic brain injury (MTBI) symptoms reported by Havana Syndrome victims. I remember my last visit to Italy in October 2019 before the pandemic where I received electronic harassment at an Airbnb I had to urinate all the time. While doing food deliveries, mostly in North Los Angeles, targeting to the bladder or stomach continued. This also occurred when I would visit my Mom, who is

a targeted family member, she needed me to frequently stop so she could use the restroom and sometimes when getting out of the car she would pass gas. Normally I would laugh at someone farting but not when it's forced upon someone like an elderly person designed to embarrass and degrade them. Such behavior ignoring human rights and a person's dignity had all the markings of the military/Pentagon's "5 D's": Deny, degrade, disrupt, deceive, or destroy. The military mind would consider this sort of attack disturbing someone's bladder a 'gray zone' using Directed Energy Intermediate Force Capabilities in an urban irregular and unconventional warfare battlefield or some convoluted military jargon conjured up by knuckle draggers at the Pentagon but I knew it was a violation of human rights. The targeting to the stomach or bladder to cause incontinence reached a new level beyond causing a fart, or the sound of the stomach churning, or causing frequent urination, but actual defecation. It's hard to argue that that would not be considered cruel and unusual punishment. I forget what provoked such a response, maybe I was more active on the internet or wanted to protest directed energy again but as I was delivering food driving in Simi Valley, which is Ventura County, known for the Ronald Reagan Presidential Library, I was hit hard in the stomach, first there was the sensation of a sharp stabbing pain from

the directed energy attack, and then like having a bout of diarrhea - the sudden urge to defecate in my pants. I had a food delivery at an apartment and pulled into the parking lot quickly looking for the apartment as my butt muscles (gluteal muscles) were convulsing trying to hold it in, I found the apartment, walked up the stairs and quickly dropped the food off, and then walked quickly to my car moaning in pain and looking around where I could pull down my pants and defecate since I knew it was a bathroom emergency and couldn't make it to a restroom, then I saw someone with their headlights on get out of their car and walk toward me laughing in a vindictive way, I recognized the man as the red headed HR person from Bronson Security where I applied at a hiring event in Pasadena and who mentioned the "FBI Surveillance Van" appearing as a Wi-Fi network. I decided to hold it in even though it caused great pain like it was a form of "cruel and unusual" punishment and said nothing to the goon as I got back in my car and drove off. The pain and the feeling to defecate started to wear off, I decided to pick up another food order and as I was driving down a dark streets in Simi Valley a Chevy Suburban sport utility vehicle with tinted windows like the type of vehicle used by the Special Forces or Secret Service quickly cut in front of me and I felt another sharp stabbing pain to the stomach

with the sudden urge to defecate. This time I was mad, I followed the SUV closely even though it tried to speed off and then it suddenly pulled into a neighborhood driveway turning its lights off and the front door opened like the driver expected me to pull behind him so he could shoot me when I attacked. I clearly saw that the directed energy attacks trying to make me defecate in my pants was a form of provocation, an effort to degrade the target, the goon in the vehicle would claim he was using self defense if I got out and confronted him. I thought about how dystopian the country was becoming. FBI entrapment; manufactured threats; drone strike extrajudicial killings, targeted individuals physically abused by directed energy. All in the name of weapons development and techno innovation like the killing machine in the movie Terminator but at what cost? What's the end game in using more and more oppressive technology? I continued driving on my way to my food delivery drop off location and quickly dropped off the food to the customer's doorstep but the urge to defecate like a bout of diarrhea was too overwhelming. I was driving through a neighborhood at night and luckily no one appeared outside, there was an area of grass with no houses and I quickly pulled over, put my car in park and ran to the grass pulling down my pants to defecate. Luckily the dark tinted Chevy Suburban SUV

did not follow and probably went back to the police station or the FBI field office to have a donut. I remember when I was in New York protesting directed energy in front of the UN building and trying to do so during the UN General Council Meeting seeing the same type of Chevy Suburban sport utility vehicle with the darkened out windows and there was a mercenary with a machine gun pointed out the back, driving along with a motorcade. You'd think political leaders of the world would be loved by all if they were doing such good in the world but that's not the case.

Odd Behavior by LAPD When Pulled Over -> It's Terrorist Watch-Listing

In New York I didn't have a car and would commute using public transit so my interactions with police were very limited unless I approached them as described in my last book by going to a police precinct reporting my electronic harassment and noting their defensive posture, even getting the impression I would become involuntarily institutionalized (5150 police code) if I pressed the matter. In Los Angeles however I drove around in a car and when pulled over by police I noticed a change in behavior after the cop returns running my driver's license. Then there were occasions when a squad car pulled behind my car like checking my plates

running it through Palantir Technology's screening software, and then driving off after seeing who I was instead of turning on the police lights. Intelligence contractor Palantir developed Gotham, software that helps the LAPD see profiles of a person, the person's history, and the person's relationship with others like friends, acquaintance's, co-workers, loved ones using data analytics. It also uses the nationally screening databases and can detect if you've been watch-listed. I believe two things happen in my interaction with police: Some run my plate and see I'm terrorist watch-listed and then drive off, and some cops are be too lazy from eating donuts or watching porn on their phone and just pull me over after seeing a traffic violation then see I'm terrorist watch-listed after running my driver's license through their squad car computer receiving instructions on how to proceed. When I first moved to LA I immediately was pulled over in Pasadena after a cop saw me make a traffic violation, he acted like a jerk or A-hole like cops usually do during a traffic stop and then returned with the driver's license in a different demeanor like he saw something running my ID and received instructions how to proceed after that. It was obvious they were seeing something and I was on a terrorist watch-list probably what is classified as a "non-investigative subject" as reported by the ACLU. In New York I went to

One Police Plaza to get a record request or background check and as I was being screened while entering the building, a police officer running my driver's license was staring at the computer screen and looked surprised like he saw something. It was obvious. In California I was pulled over in Thousand Oaks, Agoura Hills, Ventura County, Woodland Hills and it was always the same pattern of behavior. A police car pulling behind me like I was going to be pulled over, running my plates and driving off real fast, or a change in demeanor after running my drivers license after being pulled over like my name is listed in the FBI's "Terrorist Screening Center (TSC)." Another type of behavior I observed by cops is the "stake out box." This is also a tactic borrowed from the Nazi SS used by FBI "ghost" units (SSG) tailing a target. Sometimes when driving I would be tailed by a police car that will suddenly turn off and go another direction and then when I approach a stop light or intersection another police car will pull up and this keeps going on for a time before I no longer see any police cars. Some targeted individuals report gang stalking. This has been used by journalist to make TI's seem paranoid. I may not have experienced gang stalking to the extent of what other TI's describe but when I was active posting about my targeting to the internet I would see cars with their headlights turned off going the

opposite direction. Where I park my spare car in Reseda, California there always seems people walking by in the street and the car receives black bags where itching powder is put in my laundry I store in the trunk. There was one time when driving I was surrounded by cars while they were all honking their horns or boxed in like it was designed to cause an automobile accident. Thinking on my feet I slowed down to a stop instead of trying to ram my way out of the trap and they abruptly drove off. There was another time I felt a tone in my ear that caused pain. I looked around to see where it was coming from and behind me I saw a van with tinted windows. I slowed down almost to a stop and so did the van behind me. I looked to see who was driving and there was an Asian man who quickly turned off the road upon seeing me stare at him. There was also vans that would make a turn in front of me as I approached an intersection where I had to quickly swerve out of the way to avoid a collision. Such head game and bullying behavior by cars reminds me of "surveillance role players" or SRP's where teams of people who need to understand DoD tradecraft terminology and can hold a security clearance according to job postings practice tracking and following a role player target or 'rabbit' on foot or by car.

Directed Energy Attacks are at Close

Proximity to Police Stations; Targeted in Car

I started to just do gig economy work from then on after seeing how things went trying to do security jobs in Los Angeles and instead of renting a room or getting an apartment I decided to just sleep in my car. I had to be resourceful knowing what I was up against just trying to survive. Driving around doing gig work and staying in my car I noticed there were correlations between geographical location and the severity of the attacks. I drove mostly in the San Fernando Valley, the traffic was not as bad as driving in Hollywood or Downtown but could be challenging at times especially during rush hour. Some people have homes up in the hills for example and that could be challenging requiring patience and careful driving. I started to notice in certain areas the directed energy felt strong, especially areas where I parked my car or frequented often. In Hidden Hills, Agoura Hills, and Thousand Oaks where there are a lot of gated communities I could feel strong attacks. When I would drive on the freeway in certain areas the directed energy felt stronger like when I would exit near the LA County Sheriff's Department in Calabasas there would almost always be a strong attack on Los Virgenes Road. The same would happen when I would exit Highway 101 on Kanan Road in Agoura Hills. Directed energy attacks were very strong at

the Walmart in West Hills and the Walmart at Porter Ranch that was not too far away from the LAPD Devonshire Station. If I tried parking my car and sleeping at the Walmart parking lot there would always be a strong directed energy attack. There would be strong directed energy attacks felt while driving on the 118 Freeway in Granada Hills toward Porter Ranch. Strong directed energy attacks near the West Valley LAPD Station on Vanowen Street. I bought another used car as a spare and parked it in a neighborhood not too far away from the West Valley LAPD station and when I would go there to sleep around 4:00 AM in the morning there was always feeling a strong directed energy. This was also true during other parts of the day when I would check up on the spare car and drive it around so it was not gathering dust and looked abandon. I looked around thinking where could the directed energy devices used to harass me there be placed. I could see the large West Valley LAPD antenna tower in the distance but could not be sure. Maybe a perp was in one of the houses using a directed energy device from the window or a towering apartment across the way or a parked car. Too bad I did not have directional equipment to hone in on the directed energy beam. The cheap EMF RF meters sold to consumers had a limited range. It would take more expensive sophisticated equipment with probes for

millimeter wave or high-band frequencies. One way I could tell where the direction of the directed energy was coming from was placing a quilt on one side of the car window. I have to use a car sun visor when eating inside the car or the mouth is targeted. The tongue becomes scratched up making it hard to enjoy what I'm eating. The targeting was always strong when visiting my Mom in Pasadena. When I would drive on the 134 from Glendale to Highway 210 entering Pasadena I could feel a strong directed energy attack, it was always as I entered Pasadena. Many of these police stations mentioned have a tall antenna with an array of microwave antennas. There are also cell towers everywhere. Some disguised as palm trees. I knew for sure the directed energy devices were placed in localized areas versus satellite harassment as some TI's claim because as pointed out the sensation would be strong on certain parts of the freeway and areas I would frequent in San Fernando Valley. When I started doing ride share work this observation became obvious. Going to another part of LA away from San Fernando, Pasadena, and Hidden Hills-Thousand Oaks-Simi Valley the pain ray would subside. I would be in Vernon or Lakewood or toward Anaheim thinking the directed energy has subsided. However it would pick up again if I decided to stay in those areas. This was the case when I started driving more in Santa

Monica, Beverly Hills, and Hollywood. I would park my car for a nap near the creepy old veterans building near the 405 in Santa Monica and the directed energy harassment would start up. Not far away across the 405 there is the Federal building on Wilshire Blvd that houses a FBI field office. It is a big towering rectangular monstrosity of a building guarded like Fort Knox. In 2017-2019 when I was going to college at BMCC in New York, Lower Manhattan, there was a building called Fiterman Hall and I noticed the directed energy was stronger on one side of the building than the other. I could tell it was coming from outside through the building's large windows. Once while delivering food I became tired and pulled over next to a building where other cars were parked, it was dark, the early in the morning hours, I needed some rest and experienced strong directed energy attacks while trying to sleep in the back seat of the car. When I woke up it was daytime, I got out of the car and looked around and I was parked next to the North Hollywood Police Station, I drove down the street and noticed a Church of Scientology building and found it ironic since my constant stalking and harassment resembled what you hear from former Scientology members but this wasn't Scientology, it was the Feds, the surveillance state or what I term the 'cult of government'. It's worth mentioning the "Assault

Intervention Device" developed by the National Institute of Justice and defense contractor Raytheon, also involved the LA Sheriff Department and was tested on prisoners at the Pitchess Detention Center in Castaic, Santa Clarita not far from where I drive in the San Fernando Valley. The effects of directed energy can be felt when I sometimes go there to in Santa Clarita up the 5 freeway and Lancaster-Palmdale where there are defense contractors like Lockheed Martin Skunk Works along with prostitutes out in the open walking up and down the highway trying to get some of that well-paid defense contractor money. Being targeted in the car and it being strong in certain areas reminded me of the test of see-through body scanners using millimeter waves that could be remotely aimed at pedestrians to look for concealed objects. These were tested at LA's Union Station by Metro Police and the TSA, also in New York at the Port Authority's World Trade Center Station and Penn Station. Unlike the body scanners at the airport the devices tested could be aimed at a person. There are both passive and active millimeter wave (mmWave) body scanners; also some that use terahertz waves (THz). There was a photo of one of the devices that looked similar to the Assault Intervention Device (AID). A police officer used a joystick and watched a screen where the infrared or radar image of a pedestrian could be

observed. I often wonder being targeted in the car through the window driving around LA how law enforcement or the contractor involved is able to see me in order to target my head, face, and stomach. I would have to be tracked which is not hard to do with today's technology either tagging a person which I believe I have or GPS from the phone but maybe there's an infrared or radar image of myself sitting in the car? I tend to doubt there are enough cameras placed around a city to zoom in on someone. Recently I've been able to detect intermittent pulses on the dashboard followed by the sensation of pain to my stomach. This occurs mostly when the car is at a stop like waiting for a stoplight or parked. If I'm not wearing enough shielding my stomach can be heard audibly churning in discomfort during these "pulsed microwave" attacks that has been speculated in the Havana Syndrome.

Directed Energy To Protect Critical Infrastructure?

Protecting critical infrastructure is often cited by Homeland Security. In my last book, *Covert Harassment Not Just 5G*, I described how my Mom and I who were getting targeted with directed energy and decided at the spur of the moment to drive to Joshua Tree from Pasadena where where my little sister lived. I was visiting my Mom and we

were getting strong “pain ray” attacks that day while driving around Pasadena. I could feel it was coming through the front window of my car. I went to look at an Airbnb where I would be staying. It was a shed outfitted with a bed in someones back yard. I got out of the car with my Mom who was limping because her feet and legs were targeted and even a dog that came to greet us looking all happy as I opened the gate to the backyard grimaced and walked away like the dog knew we were in pain or could detect something using the dog’s senses. I knew my iPhone and MacBook would get hot like I was monitored. I had the idea to just at the spur of moment take off with my Mom in the car and go to Joshua Tree. Would the directed energy (DE) I was feeling in Pasadena follow us all the way there? It was a long drive. As we went down Highway 210 leaving Pasadena and further away from LA Country the directed energy “pain ray” sensation subsided. We passed San Bernardino and got to the Wind Farm Turbines near Palm Springs feeling nothing, it was just eerily quiet, no tinnitus from directed energy in my ear that may have a tag placed inside the ear canal, no sensation of pain, nothing. My Mom who’s leg was targeted at her retirement home could now walk without the aid of a walker. She was no longer limping in pain. It was like one of those miracles you see on TV by a Televangelist, “she became healed of or her

ailments!" I'm sure though even if I moved to Palm Springs, or the outskirts, out in middle of nowhere the perps would eventually follow setting up equipment but escaping the cruel wrath of directed energy attacks in the city told me a great deal. Some in the TI community have speculated about the use of iridium satellites or satellite harassment controlled by the Space Force out of Vandenberg but it was clear to me that the directed energy devices or equipment to electronic harass TI's was placed in populated areas where the infrastructure could support such equipment or what the government considers "critical infrastructure." I was targeted with long range type directed energy obviously placed somewhere around the city and short range type harassment while living in New York like a rental room where I could hear the perps pacing my position and moving equipment around. I remembered I could feel it walking around Manhattan, driving in Dallas like in I-30 between Dallas and Fort Worth, and driving around Los Angeles. The Department of Homeland Security describes critical infrastructure as, "a vast network of highways, connecting bridges and tunnels, railways, utilities and buildings necessary to maintain normalcy in daily life." More recently in early 2023, I put my theory to the test, I drove with my Mom from Los Angeles to Dallas and as we left the major cities

leaving California, going through Arizona or New Mexico there was no longer the sensation of directed energy. This was also the case driving the remote areas of Texas between towns, however hotels were a different story. Like I described in the past when going on vacation and staying at an Airbnb or hotel the electronic harassment followed us and it was like a room rental in New York. The perps were in another room using directed energy (DE) devices. Many people don't realize there is see-through-wall technology that was developed by the military and in old articles about the pain ray from 2011 there was the desire to make the "pain ray" i.e. more solid-state (SS DE) and portable, small enough to be carried in a suitcase and to be put in the hands of law enforcement. Law enforcement is not only the local police, or the sheriff but the FBI who enforce federal laws. After days of driving and staying at hotels, passing through small towns and driving through the countryside, as we approached the Dallas-Fort Worth area the sensation of directed energy or Raytheon's "pain ray" could be felt in the car. I was targeted hard in the bladder causing frequent urination and had to stop more often to pee, so did my Mom. This tells me that directed energy equipment is placed in big cities and it's from Homeland Security and or counterterrorism spending probably going toward contractors involved in making

and setting up the equipment around major US cities. Probably Raytheon or Lockheed Martin who in old articles also wanted to develop the pain ray as a deterrent to ward off intruders from trespassing near sensitive sites like a nuclear power plant. I believe they further developed this concept putting it around major cities that are considered critical infrastructure as a defense against terrorist attacks but of course abused against guinea pigs like me to test its effectiveness. Another interesting observation is when driving to Los Angeles to Dallas and stopping in a random city to stay the night the electronic harassment would vary from hotel to hotel like a new person was sent from a Fusion Center or from a location where a perp is on standby with the equipment used for electronic harassment. This had the hallmarking of Fusion Centers and the Joint Terrorism Task Force (JTTF) where both state and Federal powers coordinate with each other tracking terrorist watch listed people. On our return trip I remember leaving Dallas and feeling the directed energy dissipate, then passing through El Paso, Texas it picking up again and then it fading away as we left El Paso. Once I made a reservation without booking a hotel online and that delayed the targeting one night but it did pick up during the early morning hours where I could hear someone shuffling around on the floor above our room as if they were a

late check-in. I remember one hotel in New Mexico near the border of Texas where I could hear someone pacing above us while there was the "pain ray" harassment was strong and the next morning as we were checking out from the hotel I circled around the parking lot and caught the man who was upstairs, above our hotel room get into a SUV with tinted windows that had a custom Texas license plate with the words "AIM." I rolled my window down and had some choice words as he was getting into the car with only an arrogant smirk on his face. Then I saw him chewing out the front desk receptionist outside as we drove off probably for not giving him the heads up that we left the premises. He looked about retirement age like an old sheriff or someone retired from the military, FBI, law enforcement trying to do perp work because they did not save for retirement. I read an article that US mercenaries waste all their money on strip clubs or gambling it away in Las Vegas. During the trip back as we got closer to Los Angeles there was the feeling of directed energy again. The trip from Los Angeles to Dallas and back was a test to see if I could hack long distance driving, perhaps working as a truck driver where I could potentially make more money and live on the road. I noticed when getting electronic harassed in hotels that my eyes were messed with and that affected my vision when driving for long

periods of time especially at night, like developing blurred or double vision. I also felt tired and fatigued from not being able to get a good nights sleep. My poor Mom was also irritated because a lack of sleep. I remember at a hotel seeing her moan in pain while sleeping and hearing footsteps above pacing above her position. She also exhibited withdrawn type symptoms wanting to get cough syrup cold medicine. The retirement home she stays at gives her an assortment of pills, some to help her sleep.

2013-2014. Patterns and Times of Targeting; Audible "Microwave Pulses."

I noticed the directed energy Active Denial targeting follows a pattern - I call it the daily torture schedule. It becomes strong overnight when I'm working and driving in my car to do gig work - around midnight or the early morning hours like the perps work on a shift out of a Fusion Center or control center remotely monitoring and harassing the target (rabbit). I can feel the directed energy hitting my stomach trying to cause incontinence/ frequent trips to the bathroom, there is also targeting to the head when shielding my stomach and sometimes pricking of the eyes while driving which is a danger to public health because it can cause a car accident and there are plenty of those

in Los Angeles. In the past and it still sometimes happens there are these little “clicks” in my right ear followed by the sensation of directed energy. Now the pulses have become audible in nature - I believe because the targeting has gotten stronger, a change or upgrade in directed energy equipment. I can hear these intermittent pulses hitting my dashboard followed by pain to the stomach. I even detected the pulses when placing balloons in another car. It sounds similar to little bee bees hitting the dashboard or rain drops hitting the window but in a controlled fashion. I detected the pulses when the car was in park and the engine was turned off and got my MacBook out to record footage. During the past when I finished working the overnights before the morning rush I would park somewhere to sleep and would get more strong the ‘goodbye effect’ where the pain ray hits a wider area of the body causing intense stinging pain with soreness to the body. There was even the feeling of waves penetrating the body causing my heart rate to increase as I tried to withstand the attack and relax to go to sleep. I could even detect the attack covering my body with a thin sheet of Mylar blanket (space blanket) as it could be heard crinkling during as I was being hit with directed energy. Sometimes when using mylar to cover my body I could hear it crinkle at intervals like waves of directed energy are

hitting the body. The effects could also be detected with the sound of my stomach churning. I would have to wake up and go pee causing frequent urination making it hard to get enough rest. Like in the rental rooms the M.O. of the targeting is to cause sleep deprivation and fatigue. Raytheon's Active Denial brochure describes the "repel effect" where only a pinpoint area of the body is targeted like when I'm driving around in my car or getting out of my car to drop off food to a house/ apartment and the "goodbye effect" where the entire body is targeted like when stopping and trying to sleep. Around noon there is a break in activity. This is when I usually stop driving until I start again during the evening. Even if I'm still driving there here is a break like perps on the torture schedule go on a lunch break. There is a break in activity usually during a Federal holiday, or when POTUS is in town, again pointing to people on a government payroll. I also noticed sometimes a break in activity during a Friday like the perps want a night off to party and enjoy the end of a work week when it's payday or when its NFL season and games are being played but the days can also vary. Sometimes there is a lull in activity early in the week but it usually picks up later in the week and seems to be always strong on the weekends. My Mom who is a targeted family member reports her targeting usually starts during the evening and she has to turn

in early and use the aid of sleep medication.

Heated up, battery draining phones and laptop

My iPhone becomes hot during the day where the battery quickly drains or the iPhone/iPad shuts down because it overheats, this is also true with my laptop, a MacBook and an iPad. This has always been the case even when living in New York, especially if on the internet. It's more prevalent during the day like the person tasked with monitoring my phone and laptop history works the day shift. A overheated phone or MacBook is usually always followed by a directed energy attack. I noticed the overheated iPhone occurs even on an overcast day so it can not be attributed to exposure to the sun or it being warmer during the daytime. When I purchase a new iPhone or laptop (MacBook) at first there is no overheating and then after awhile it starts up again. I'm not sure if this is because the perps detect a new device and or have backdoor access working with Apple, big-tech or it's malware stealthily installed on the device like Pegasus spyware. From researching private intelligence and defense contractors like Raytheon responsible for Active Denial I read that Raytheon purchased Blackbird Technologies, now re-named Raytheon Blackbird that also specializes in

hacking without a trace. It's hard to say who's responsible or how it's being done since I'm not a software expert or a computer hacker. Once when getting my laptop repaired, getting the lithium battery replaced in New York a nerd told me that spyware was on my MacBook. I believe I told him the MacBook was buggy if he could look into it. He looked excited like what he saw wasn't normal. I do believe an aspect of my targeting involves mass surveillance or what is termed warrantless wireless surveillance. It is now something that most take for granted having little faith in actual privacy or autonomy which is sad. There's the attitude of I'm doing nothing wrong so I have nothing to hide and don't care about illegal surveillance. Most who have that attitude don't understand the implications or why Edward Snowden became alarmed. I never resorted to VPN or using the darkweb because like most who don't care about being snooped on I have nothing to hide. The research that made me a target was always open source unlike the government that has too much secrecy.

Inaction By Politicians

Since moving to California I've written to my political representatives that include Democrat Senators Dianne Feinstein and

Alex Padilla, also Congresswoman Judy Chu about my electronic harassment or concerns about directed energy abuse and how my Mom is also targeted which constitutes as 'elder abuse' or 'torture' and that I believe law enforcement is involved. I received one letter on how to report abusive cops to the Attorney General, the other option stated was civil action against police but I believe the source of the abuse points to "counterterrorism" spending. I could sue the police if I was beaten by a baton and it was captured on film or shot with a taser falling down injuring myself but directed energy, also called "the silent weapon" is more stealth and harder to prove. The truth about directed energy is the public is at a technological disadvantage as far as detection and shielding from such attacks and there is the high potential for abuse by the authorities. Alex Padilla, who serves on the Homeland Security and Government Affairs Committee and looks like a used car salesman, response was stronger directed energy attacks after writing him through his web site. I can't say for sure it was because of him but I'm sure the bureaucrats in Washington know full well about electronic harassment; the targeting of citizens used as Guinea pigs. They seem to fully embrace all the terrorism alarmism with a reluctance to scale back the rhetoric or Homeland Security spending. The bottom line is US politicians

have done nothing to stop electronic harassment or the covert use of directed energy weapons against citizens. I believe this is not only due to money but the desire for continued weapons proliferation. Recently congress received a report entitled, *Department of Defense Directed Energy Weapons: Background and Issues for Congress*, where it states the desire to continue and mature the technology.

A Push-Back Against Invasive Surveillance and America's Role in Torture Not Enough

Even if you don't accept the claims of targeted individuals (TI's) who have fallen by the wayside now that there's greater online censorship law enforcement doesn't have to be transparent about their counterterrorism operations as revealed in proposed legislation put forward at New York City Hall called the POST Act (Public Oversight of Technology Act) where the NYPD went on the offensive claiming transparency legislation like the POST Act would inhibit their counterterrorism efforts. It was revealed the NYPD had non-disclosure agreements with private contractors to test new technology. An organization called STOP (Surveillance Technology Oversight Project) claims funding for secretive technology used by law enforcement comes from police foundations

through "Special Expense Programs" that evade public oversight. There is also liability protection legislation like the DHS Safety Act by the DHS that protects private contractors developing and testing homeland security technology. No one knows for sure what occurs at secretive Fusion Centers involving both the state and Federal authorities. They claim to be information gathering and sharing centers but since have expanded their role to monitor not only terrorist watch-listed citizens. There were efforts in Liberal activist cities like Portland and San Francisco to protest the FBI's Joint Terrorism Task Force (JTTF). There are non-profits located in North Carolina (NCSTN; NCCIT) opposed to what are called torture flights by a contractor named Aero Contractor involved in extraordinary rendition. These organizations claim torture goes against our American Christian values. I attended a protest in downtown LA named Close Guantanamo Now! where people were protesting GITMO dressed up as GITMO inmates. The organizer was religious opposing torture on moral grounds. Unfortunately, none of this has been affective in ending my targeting or our countries continued role in torture. Former GITMO inmates were awarded financial settlements by other countries like Canada and the UK where it was determined that waterboarding and what they endured during extraordinary rendition did constitute as

torture. Recently a judge refused to throw out a lawsuit by former Abu Grahیب prisoners suing under the Alien [Torture] Tort Act. It was against intelligence contractor CACI who was involved in the Abu Grahیب prisoner abuse scandal. Erik Price who's no stranger to controversy can be attributed to starting the reemergence of the rise in mercenaries. The horrors committed by the Wagner Group or the murder of a Saudi dissident journalist are recent examples. The term 'Deep State' is treated like conspiracy fodder but one can not deny scandals involving the nefarious world of intelligence contracting such as Harvey Weinstein's use of Black Cube; NSO Group Pegasus spyware; Peter Thiel's Palantir involving ICE and law enforcement (predictive policing/racial profiling).

The purpose of the targeting.

Targeted (threats to) family and sleep deprivation were also torture tactics described in the 2014 Senate CIA Torture Report, something the CIA tried to sweep under the rug seeing it as an embarrassment. When it comes to Gitmo many are only familiar with waterboarding but if you read the report other tactics were used. What I'm describing in this book would be considered "white torture" or no-touch torture. No-touch torture can be seen mentioned in old Cold War relics like the CIA Kubark interrogation

manual. Another observation is the intensity of the targeting coincides with my activity, like heavy targeting after attending TI protest, calling in to targeted individual support groups, or during the 2000s posting to online to UFO forums, even writing this book, like it's "pain compliance" methods or similar to electrocution treatment used on schizophrenic's at mental asylums. Before the invention of the taser electrocution torture was used on captured soldiers in various wars, also called Padilla torture. Perhaps what I endure is pain compliance part of counterintelligence or what the FBI calls a "terrorist disruption." Some targeted individuals have used the term 'behavioral modification.' Forced psychiatric treatment, including electroshock therapy (ECT) has been condemned by the UN Human Rights Council but the UN seems to have little affect on our own countries less-than stellar human rights record where the USA is like the pot calling the kettle black in criticizing our adversaries over the human rights abuses. I can't help to ask was my UFO research really that damaging? Free speech like writing this book is supposed to be protected by the First Amendment. Some call the period we live in post-Constitutional since there's less adherence to a person's privacy or Constitutional rights. I tend to believe I'm more of a guinea pig since laying off UFOs or being less vocal about my targeting has not

diminished the attacks. The severity of the attacks have increased like directed energy is being ER&D'd (engineered research & developed) and the tested on the target (rabbit) or torture subject. I can see how being able to torture a target at a distance or from another room where directed energy can pass through walls would have less of an emotional impact on the torture bearer. Like a type of Milgram Experiment where pressing a button to inflict pain at person becomes a mundane task, nonchalant - part of a days work. From LSD during the Cold War era days of MKULTRA to the use of Agent Orange the emergence of targeted individuals (TI's) during the times mass surveillance there's a similar pattern of behavior where human rights take a back seat to emerging weapons technology and how civilians become unwilling test-subjects, also termed by TI's non-consensual human experimentation. It's like were back to the days of Josef Mengele or Pol Pot where human cruelty is justified and deemed necessary in the name of "innovation" or progress. As long as it happens out of the public's eye like concentration camps and is not reported with the victims shunned and dismissed as crazy. I'm sure the term "less-than lethal" or game changing weaponry was enough to pursue those in authority that gave okay to covertly harass citizens but one reason in writing this book is to not only have

the courage to go on record but I believe that the on-going abuse of directed energy for despotism purposes can not be kept secret as evident in news headlines of the Havana Syndrome. This time in history will be known for the covert abuse of directed energy weapons (DEWs) against people just like human experimentation was revealed after the fact in the past. This always seems to be the case with institutional abuse whether it be a cult, religious institution, or a government.

Legal Arguments & Precedents

Targeted Individuals (Tis) have tried to sue unsuccessfully in the past and I'm sure those abusing stealth technology like directed energy believe they have the basis covered and are afforded liability protections since they may be in a position of prestige like a Senator or authority like law enforcement. Below are some legal arguments that can be made against the use of directed energy to target and torment a citizen:

The use of torture tactics is violation of the 8th Amendment 'cruel and usual punishment' and violation of basic human rights. It also reflects poorly on our own countries human rights record as America likes to criticize its adversaries for human rights abuses. i.e. "the

pot calling the kettle black.”

Retaliation for free speech or open source UFO research would be a violation of my civil liberties and free speech. I’m a civilian that never signed a security clearance so the UFO info I obtained came from an unclassified (public) source. My Dad’s theories on UFOs were either by his own discovery or extrapolated from a public source.

Conspiracy theories associated with the UFO subject matter would also be protected by free speech. My UFO web site containing research or post to UFO forums did not alarm the public nor did the public demand UAP investigations by the Pentagon or government hearings - this was an opportunist ploy to play up more alarmism by our own government. Putting a citizen on a terrorist watch list over UFOs would be considered an overreach or overbearing government. Furthermore, when I started researching UFOs in the early 2000s the Pentagon’s Advanced Aerospace Threat Identification program (AATIP) was not known to the public. The government’s official stance on UFOs or what it now considers UAP was different than what it is now so it puts the government in the wrong and any harassment or relation for my research would be considered ‘abuse of power.’

Retaliation for free speech posted to the internet would be a violation of free speech even if it is provocative in nature like internet trolling. Writing is an art form and many artist can be considered provocative in nature and or non-conformist. Certain types of behavior although frowned upon like internet trolling is remedied by proper moderation and does not require the intervention of government. Furthermore the Bill of Rights already prohibits certain types of speech like yelling fire in a theater - something the government and US media can be accused of by using alarmism and sensationalizing news stories to cause fear or provoke an angry reaction by the public for a political objective.

Retaliation for protest efforts or a right to air grievances would be a violation of the First Amendment. I was heavily targeted after targeted individual protest. My protest signs specifically objected the the abuse of directed energy weapons (DEWs). I received stronger directed energy (DE) targeting after writing to my Senator, an elected official rating concerns over directed energy abuse. I took both of these instances as a form of relation from raising ethical concerns and airing my grievances. My Constitutional rights were violated. Citizens are susceptible to tyranny and cruel oppression if the US Constitution is ignored by elected officials

and the US authorities.

Warrantless wireless surveillance, interference with electronic devices, surveillance abuse, directed energy harassment in place of dwelling where there is an expectation of privacy would be a violation of the Fourth Amendment or the 'right to be left alone, a right to privacy.'

Retaliation against my mother who is a targeted family member and senior citizen inflicting pain using directed energy would be considered not only torture 'cruel and unusual punishment' but elder abuse. My Mom can also be considered mentally disabled due to a brain operation where a metal plate was placed in her head and that would be considered exploitation by those abusing directed energy using her as human experimentation. My Mom is also 1/4th Native American since her biological father was 1/2 Native American and that would be considered a hate crime against indigenous people.

1) Torture inflicted on a person, extrajudicial persecution, even if white torture or no-touch torture using 'less-than lethal' directed energy would be considered one of the 12 Crimes Against Humanity. If the government puts a citizen on a terrorist watch-list during the war on terror then they should be subject

to the war crimes of a soldier since a citizen has been deemed the enemy (enemy combatant). 2) The War on Terrorism where citizens are watch-listed and white (no-touch) tortured with no recourse or way of raising a white flag (surrender) could be construed as a war crime. Here the government has declared war (on terror) and claimed not only foreign targets but selected citizens (domestic terrorist) are the enemy. Cruel treatment, suffering, and torturing the enemy during a time of war is considered 'Crimes against humanity' and a war crime under the 1949 Geneva Convention.

Cruel and unusual punishment is a violation of the U.S. Constitution or the Eighth Amendment. Using directed energy to cause incontinence, sleep deprivation et al. or normal biological functions for human well being would be considered cruel and unusual.

Pricking a person's eyes with directed energy, the dazzler effect, or inflicting pain using the "the pain ray, Active Denial" while a person is driving is a threat to public health and safety which is a violation of law enforcement's role to protect citizens.

Intelligence contractors involved in directed energy attacks to inflict pain on a target are violating human rights and any LLC liability

protection should be waved 'piercing the corporate veil.'

Terrorist watch listing was considered unconstitutional by a Federal judge and is a form of systemic discrimination and black listing since it voids public oversight and due process. I.e. extrajudicial punishment. I.e. a violation of anti-lynching laws. The Emmett Till Antilynching Act. People in positions of authority are not void of the same law they pass since a person in authority can abuse their power be involved in what constitutes as a lynching in a lethal sense of the word even if race is not involved.

Other countries like Canada and the UK determined detainees at GITMO were subjected to torture by the US and were awarded financial settlements. Torture tactics at Gitmo is similar to what TI's describe. E.g. targeted (threats to) family; causing sleep deprivation. That serves as precedent in supporting that the claims described herein in this book constitutes as torture.

The War on Terrorism that resulted in the Patriot Act because of a perceived foreign threat has turned into domestic threats with the government turning on the people. This could be interrupted as tyranny or tyrannical rule especially if counterterrorism efforts are used as a means of oppression. Oppressing

and or censoring victim's voices using high technology would be considered despotism. I would argue the government has become overly-alarmist going down the slippery slope of tyranny. I would argue the US Government has become more authoritarian. In this case Sovereign immunity should not apply to protect government elected official opening the door for civil action since a citizens basic human rights and constitutional rights have been negated by alarmist tyrants.

Big tech and social media knowingly censoring, shadow banning content that it deems 'borderline' in cooperation with the Federal government like the FBI is form a censorship, especially if those being censored are victims of foul play, torture, and abuse by our own government. How is a citizen supposed to expose government abuse if a big tech monopoly is censoring them?

There is a causality to covert harassment or covert directed energy attacks like such attacks can cause an accident hurting innocent by standards, self mutilation, cause a targeted person to commit suicide which would be an act of murder if caused by torture, trigger a person who becomes an active shooter. i.e. Aaron Alexis. This is a threat to public health and safety. A clear violation of the purpose of law enforcement. This would be 'blood on your hands' by the

authorities or accessory to the crime. I.e. "the defendant (US Government) knew of the perpetrator's criminal intent and took some action to assist or encourage them in carrying out that intent." This could also be the case with the government using contractors to target citizens.

Those in the government and law enforcement who partook in my abuse and that of a targeted family member can be accused of despotism, oppression, and treason since such activity is a betrayal to our own country's values; life, liberty, and the pursuit of happiness. The country's human rights record should be further downgraded like its credit score by the International Community. This coupled with other human rights violations like extrajudicial killings or a 'kill list' against alleged terrorists on foreign soil. Those fleeing to this country as immigrants believe a lie thinking it's a free country where they won't be persecuted for their expression or beliefs.

The FBI has a history of violating civil liberties. Age-old reforms are no longer effective. They have been accused of becoming political. The DoJ has been accused of becoming weaponized. New transparency and reforms are needed. This should be taken into account by a judge reviewing a case where allegations are made against the FBI.

I.e. entrapment; manufactured terrorism - creating the very plots they bust, etc.

From my last book RF shielding measures:

Thick Sheets of ECCOSORB RF Absorption material was effective, tinfoil coated with clear tape and cardboard for stomach protection, RF shielding material purchased online, silver fiber head cover, copper fabric etc. although it becomes less-effective after a wash. This EMF or RF shielding material, also called active shielding, was not full proof because the perps would make adjustments accordingly and I would still feel pain but there was a noticeable difference.

Another method was using a bag of clothes or thick material that acts as absorption which is called passive shielding. Also something thick like a wool blanket. Straw hats flattened and put underneath clothes offered some protection for some reason -maybe the weaved grid pattern? durable and long-lasting fabrics on the market like 1000D CORDURA. This is called passive RF shielding versus active shielding, like reflecting RF using conductive material that is grounded like used in a Faraday cage.

From my last book Targeted Family

Targeted family is a tactic described by not only me but by other targeted individuals, probably as a form of intimidation and psychological warfare. My Mom who is a senior citizen would receive directed energy attacks and it would disturb her sleep. Sleep deprivation is one of the torture tactics described in the 2014 Senate Intelligence Committee Report on CIA Torture headed by now deceased Senator Dianne Feinstein. She was unsuccessful in ending Gitmo. I believe my Mom became targeted because she would always call to see how I was doing while I was living in New York. We were both targeted by the “pain ray” when that form of electronic harassment started in 2013 and before that I remember being targeted in the neck (thyroid) that caused a sore throat when visiting my Grandfather in an old folks home while staying in a hotel. My Mom was also targeted having to operatically cough. In 2013 when the “pain ray” targeting began she lived in a two story boarding house located in Monrovia, California and believed the perpetrators got on the floor above her, similar to my experience staying at a room rental in Hamilton Heights. She would try calling the police describing the “pain ray” assaults as ‘high frequency’ but the Monrovia police would do nothing and leave. Like me she believe the attacks were at close quarters and the perpetrators were upstairs

above her moving something around on the floor. My big sister who lives in Pasadena became her guardian not believing in electronic harassment and thought her ailments were due to dementia, moving her to a retirement home near Washington Avenue and Lake Avenue in Pasadena. Her directed energy assaults have continued in the retirement home where she's currently resides even though she has become elderly, as well as skin contact harassment like I described where itching powder is put in clothes and rashes caused by poison ivy. She wears a wool hat or a cap with a rag underneath to protect from her head from being targeted, and claims her feet are targeted at night causing soreness when walking where she has to use the aid of a walker. She also claims a hostile living environment where her complaints to the abuse are met with "I want you to leave" by the director, or the black woman who runs the place. My big sister has taken her to a doctor and the doctor not knowing about directed energy abuse will give a mundane explanation or just guess what the cause of her pain is claiming nerves prescribing her medication. She's prescribed an assortment of pills including sleep mediation to help her sleep because of the alleged harassment. There were times I thought she appeared high on something or going through withdraws appearing agitated but my big

sister insist it's not pain killers or opioids. My Mom believes a man there may be a perp, or people who lived their in the past, and I believe the "pain ray" or directed energy devices used to torture her may be concealed above her behind the ceiling in her room or from another room where someone is controlling it. I recall seeing a bulge in the ceiling upon inspecting her room. Similar to what I experienced while living in New York where I believed the directed energy device was concealed making "tick" noises from the ceiling tiles when active. Once I was sitting outside the retirement home building with her where there are tables and chairs, I purchased an RF EMF meter by a company named Safe Living Technologies, also a wearable Micro RF Detector, a man who was also outside looked alarmed seeing the RF meter and walked past us saying "We like Karen living here." He had a Texas drawl like he came from Houston, Texas and he didn't seem very elderly like he should be living there, and my Mom responded sarcastically because of how she was being mistreated at the retirement home. As described in this book he legs and feet are targeted while she is laying down and walks in pain the following morning using the aid of a walker. The perps tend to increase her targeting when my directed energy torment is increased like "pain compliance" which is very despotic behavior. She will clam up

sometimes not mentioning details out of fear of how I may react. When I would visit my Mom and drive around we would also become targeted with directed energy in Pasadena, I remember using a park grill to cook at the Charles S. Farmsworth Park in Altadena and being targeted in the mouth and face while eating, so was my Mom who was targeted in the throat forcing her to cough or cause frequent trips to the bathroom. I looked around and tried to figure out where it was coming from. The Pasadena Sheriff's squad car would sometimes be seen around the park or an electrical utility vehicle as I tried to determine where the directed energy was coming from. Targeting people with directed energy while they are trying to consume drink or food is a threat to public health and safety. Once while visiting my Mom in Pasadena I almost choked after I was targeted in the jaw. Those abusing directed energy against citizens have a military knuckle dragger low wit mentality and very little regard to human life even though they may buy into the notion they are doing good for the county harassing people like myself who may have been terrorist watch-listed over open-source research.

The FBI and UFOs.

When I first started attending TI protest in

2015 I was told by some TI's not to bring up UFOs since it seemed like a silly reason I would be targeted. This was of course before the UAP Congressional Hearings. Are there any examples of UFO people being targeted by the FBI? During my UFO research days there were UFO witness harassment cases. John J Ford part of a UFO organization in Long Island during the 1990s was committed to an asylum after an alleged UFO crash cover-up where charges were brought against threatening a local politician. Danny Gordon of the Wytheville, Virginia UFO Flap during the 1980s would be an example. Rancher Ricky Sorrells during the 2008 Stephenville UFO flap claimed harassment by military. A recent example involving the FBI was a raid on a computer geek who ran an Area 51 web site. The web site was nothing new but enough to justify an elaborate FBI sting where computers were confiscated. Forums and social media are also known to be monitored by the FBI and undercover law enforcement. The FBI also investigated the jet pack humanoid sighting reported over LA. I read an article that unmanned aerial vehicles (UAPs) are part of what the government now considers "emerging threats." Stan Romanek who claimed to be an alien abductee and have video footage of an alien staring through his window. He was arrested for child porn after a DHS investigation with his computer confiscated.

Former MUFON (The Mutual UFO Network) director Jan Harzan Arrested was arrested in a child porn sting. Recently it's been claimed the DoJ is involved in the newly created Government UFO bureaucracy as a key partner in the Pentagon's All-domain Anomaly Resolution Office (AARO) and two FBI agents visited scientist at Flacon Space researching flying saucer propulsion thinking they may be test involving ionizing radiation. Government alarmism about UFOs in recent years validated my claims to TI's about the reasons for my targeting and the culprits being the Pentagon and US Justice Department.

Conclusions - Who Are The Actual Perps Using The Pain Ray? Below is a diagram of possibilities:

My UFO Research Internet Activity -> Moles monitoring UFO forums -> Total Information Awareness-Basketball Surveillance -> Director of National Intelligence -> Attorney General -> Justice Department -> FBI -> I'm Watch-Listed in 2004-2005.

Department of Justice -> National Institute of Justice and Raytheon -> Assault Intervention Device i.e. the pain ray. -> R&D for smaller solid state for law enforcement -> tested on TI's by contractor or used as "disruption,"

counterintelligence operation.

Fusion Centers -> A contractor like Palantir -
> A TI's is on a watch-list "non investigative subject" -> Police see watchlisted person reading plate or driver's license -> counterterrorism unit can aim DEW from police station antenna or devices installed locally when TI being tracked is in the area as "terrorist disruption."

Fusion Centers -> DHS -> The Joint Terrorism Task Force (JTTF) -> a perp is sent for close range harassment like when I'm staying in a room rental, hotel, Airbnb.m through secretive Fusion Centers.

Fusion Centers -> DHS -> The Joint Terrorism Task Force (JTTF) -> a surveillance role player (SRP) or contractor who is a former goon or vet and is sent for close range harassment like when I'm staying in a room rental, hotel, Airbnb.

Overview of Targeting to Body:

- Pain ray directed energy that causes sharp piercing or scolding pain followed by bruising sensation to the touch. The effects are sore feet, incontinence, soreness to thyroid or throat, soreness to back, neck, shoulder.

- ringing of ear or artificial tinnitus in left ear when directed energy is strong
- rhinitis/ nasal inflammation and fatigue
- high pitch tone that comes in and out of the left ear followed by rhinitis/ nasal inflammation, mid Traumatic Brain Injury (TBI)
- pricking of eyes, singing or scraping tongue, sores inside mouth or singing inside lip.
- burning of the eyes followed by blurred or sometimes double vision at night straining the eyes.
- forced coughing fit when throat targeted by repel effect.
- body convulsions when laying down trying to sleep like kicking of the leg
- Carpal Tunnel Syndrome, pinched nerve stinger effect to arm.
- temp hearing loss, numbing effect and then return of hearing (from possibly a sonic weapon?).
- low sub audible whumps, tones like a hearing test

- a loud voice or sound when falling asleep jolting me awake.

- clicks in concession to right ear followed by the sensation of directed energy "pain ray."

- more recent audible pulses detected on the car dashboard followed by the sensation pain to the stomach incontinence (cruel and unusual punishment)

- skin contact harassment like itching powder, poison ivy rash, tiny metal shards stuck in skin.

Overview of other types of harassment:

Targeted family member; black bags; rips or holes in clothes; over heated battery draining battery- laptop, iPad, iPhone; watch-list discrimination; employment blackballing, hostile working environment, hostile living environment, elder abuse to a family member using DE, slander; shanked tire sabotage; dental malpractice, provocation; gang stalking on foot or by car; sock puppet ridicule on social media; controlled opposition, retaliation after a protest, shadow banning; social media censorship.

Definitions:

5 "D's" = Deny, degrade, disrupt, or destroy.

Active Denial = directed energy pain ray developed by defense contractor Raytheon.

- **repel effect** = is the same as the “goodbye effect” produced by the Active Denial system, except that it will only be on a small spot (maybe four inches across) rather than your whole body.
- **goodbye effect** = the same as the “repel effect” produced by the Active Denial system, except that it will *not* only be on a small spot (maybe four inches across) rather than your whole body.

Advanced Aerospace Threat

Identification Program (AAWSAP/AATIP)

= also called the Advanced Aerospace Weapons Systems Applications Program was a secret project investigating UFOs by the Pentagon that ran from 2004 to 2012.

“anomalous health incidents,” or AHIs = new name for Havana Syndrome by US Government.

Airbnb = where people rent out rooms to their home or apartment for travelers instead of a person booking a hotel.

Disruptions = The FBI claims ‘disruptions’ to foil domestic terror activity yet is vague on the nature of what it considers a disruption or who is targeted.

Euphemisms = the government uses lots of euphemisms to play down questionable activity like torture or the Havana Syndrome

that could point to directed energy attacks.

Intermediate Force Capabilities = using directed energy or non lethal weapon to disperse an angry mob.

Irregular warfare = the enemy are not traditional military forces but a war amongst the people.

ghost rental = a person not on a lease renting a room from a tenant or home owner.

Goon = an FBI agent, CIA agent, Federal employee. I.e. government goon.

grey-zone = non military means below the threshold of armed conflict to achieve a political objective.

perp = short of perpetrator.

PIA = profit motivated intel contractors like Palantir, Leidos that fill a variety of roles for the Federal government into "threat mitigation." Data analytics, IT, cybersecurity, surveillance role players etc.

rabbit = tradecraft (spy) terminology for a target. The term derived from rabbit cut outs used in target practice.

Solid State Directed Energy (SS-DE) = directed energy that uses solid state technology making it more mobile and portable.

Stinkhouse = government building or building that houses government employees.

targeted individuals (TI's) = people who report covert harassment and are marginalized as conspiratorial or crazy by the mainstream. TI's have their own lingo

like perp, street theater, gang stalking, neural programming, cyber-torture etc.

weasel words = using professional jargon and wording that is ambiguous to the public. E.g. "insider threat" means a whistle blower.

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Check out other books by Stephen Watson:

Covert Harassment Not Just 5G; Gene Watson - Flying Saucers; Gene Watson Best Of: Propulsion Concepts.

Resources:

My DE Daily Targeting Log from 2020 plus Photos:

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My Targeting Evidence Page:

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